



# Island Sun

VOL. 23, NO. 23

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 27, 2015

NOVEMBER/DECEMBER SUNRISE/SUNSET: 27 6:56 • 5:36 28 6:57 • 5:36 29 6:57 • 5:36 30 6:58 • 5:36 1 6:59 • 5:36 2 6:59 • 5:36 3 7:00 • 5:36



SCCF Marine Lab staff and local volunteers shoveled and bagged approximately 3,300 pounds of shell material last Friday morning as part of a year-long effort to help re-establish oyster populations and seagrass beds in the Caloosahatchee Estuary photos by Jeff Lysick

## Oyster Restoration Effort Nearing Completion

by Jeff Lysick

Last Friday morning at the City of Sanibel's Boat Ramp, a half dozen volunteers and Sanibel-Captiva Conservation Foundation Marine Lab employees staged the ninth oyster bag-

ging and deployment effort, filling 360 large buckets with recycled shells as part of a project which aims to help re-establish oyster populations and seagrass beds in the Caloosahatchee Estuary.

According to SCCF Marine Lab research assistant Sarah Bridenbaugh, SCCF is deploying shells at three individual locations: in Tarpon Bay, San Carlos Bay and Matlacha Pass.

"We're almost done with the first location in Tarpon Bay, which is about a quarter of an acre," said Bridenbaugh,

who explained that approximately 120,000 pounds of shell material is required at the site. "The next one we're going to do is in San Carlos Bay, and it's about the same size."

Last year, SCCF's Marine Laboratory was awarded a \$500,000 grant from the Florida Department of Environmental Protection (DEP) for the project. The benefits of helping restore Eastern oyster populations are the formation of intertidal reefs in the local estuary, providing a habitat for fish and invertebrates, stabilizing

shorelines and preventing erosion.

Tommy Wiley, who was volunteering for the second time last week, said that he supported SCCF's efforts strongly.

"I was born and raised here, and I've spent an incredible amount of time on these waters," he explained. "This is a wonderful thing to help our local waters, and I think this is going to do big things for our rivers, bays and estuaries."

According to Dr. Eric Milbrandt, director of SCCF's Marine Lab, harmful freshwater continued on page 24

## Community Chorus To Help Ring In The Holidays

The BIG ARTS Community Chorus will bring musical cheer to a number of events throughout the islands this holiday season, from caroling to concerts.

These events include:

**South Seas Island Resort's annual Tree Lighting Ceremony**, on Saturday, November 28 featuring music from the chorus, cookie and ornament decorating and a reading of *'Twas the Night Before Christmas*. Time, 5:30 p.m., November 28, South Seas Resort, 5400 Plantation Road, Captiva. Admission is free.

**Christmas 1945 Pre-Luminary Caroling**, Friday, December 4. The Community Chorus will sing carols as visitors experience what it was like on Sanibel during Christmas 1945 in the Sanibel Historical Village's special, *I'll Be Home for Christmas* celebration in recognition of the 70th anniversary of the end of World War II. Time, 3 to 5 p.m., December 4, Sanibel Historical Museum & Village, 950 Dunlop Road, Sanibel. Admission is free.

**Sanibel Luminary Festival**, Friday, December 4. The chorus will perform along the Luminary route in one of the island's most treasured annual events. Time, 5:30 to 9 p.m., December 4. Visit [www.sanibel-captiva.org](http://www.sanibel-captiva.org) for information and a route map.

**Holiday Concert**, Tuesday, December 8: This concert features seasonal music from Vivaldi and Bach, traditional carols and an appearance by Santa. Time, 7 p.m., December 8, Schein Performance Hall, BIG ARTS, 900 Dunlop Road, Sanibel. Tickets are \$10 for adults; students and children are admitted free. Order tickets online at [www.bigarts.org](http://www.bigarts.org) or call 395-0900.

The BIG ARTS Chorus consists of members of the community who love to sing. They gather each week to rehearse, then perform at a variety of venues from November through March. For information about joining the chorus, contact [info@big-arts.org](mailto:info@big-arts.org) or call 395-0900.

The BIG ARTS Community Chorus is sponsored by The Sanibel Captiva Trust Company.\*



Jeanette Fitzpatrick, Bobby Logue and Kathy Brier

## Friendship Is Theme Of Strauss Musical

by Di Saggau

*Duets* is an original musical revue featuring some mighty fine voices singing songs from Broadway shows and those made popular by iconic stars. It's showing through December 3 at The Herb Strauss Theater. The cast features Kathy Brier, Jeanette Fitzpatrick and Bobby Logue, artistic director. Together, they put together a great evening of memorable music as their sparkling personalities and talents shine through.

All three performers are long-time friends and it's the importance of friendship that is continued on page 33

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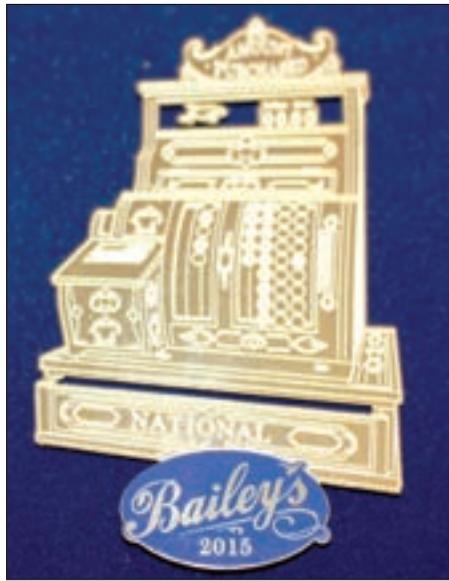


## Bailey's Rings Up Another Limited Edition Ornament

In 2015, Bailey's General Store introduces the seventh in its series of limited edition collector ornaments. This year's ornament keeps with the tradition of an icon well known to island residents and visitors alike, the National Cash Register, which is on display at the front of Bailey's General store for all to see as they finish their shopping and pass through the sales registers.

This brass cash register harks back to an earlier time in the history of Bailey's. While today's computer scanners and displays are efficient, this cash register represents the first generation of mechanized sales processing. No longer was money kept in a cash box and receipts recorded by hand in a ledger and cash book. This cash register actually would total up purchases made by a customer and display the total due on the window above the keys.

This model has a top sign saying Amount Purchased above the window with a hand pointing out the amount of purchase, today it permanently displays 00.00 Dollars and Cents. Below is a flap listing the individual identifying information for this machine, four rows of cash keys and a white marble coin shelf. Below the marble coin shelf is the cash and coin drawer which would open upon the total of the sale much like today's more mod-



The 2015 limited edition Bailey's General Store collector ornament

ern registers.

This particular National Cash Register model was originally patented in 1896, but was put into active use some time following the many changes brought about by the hurricane of 1926 and would have been phased out of active use by the early 1950s with the advent of more modern equipment.

Each ornament is made of 24k gold on brass and comes in a presentation folder showing the Bailey's logo on the front. The folder contains a certificate indicating the limited edition ornament

continued on page 6

## Historical Village Holds Training For New Docents

New docents took part November 9 and 16 in training and indoctrination sessions at the Sanibel Historical Museum and Village. In addition to some instruction by museum board members and docents Gayle Pence, Jan Halliday, Ellen O'Neill and Bill Bachman, the group took a tour of the village to see and experience what they had learned.

The new docents toured:

- The Rutland House (1913), a typical Cracker-style house of the period, where they focused on the island native Americans and Sanibel's early pioneer families, the Baileys, Matthews and Woodrings;
- The Garden, which illustrates private gardens used for a family's food, and truck or commercial gardens for produce that would be shipped to other areas;
- The Sanibel School for White Children (1896), which operated until 1964 when the current Sanibel school opened, which was integrated to teach both black and white children;
- Burnap Cottage (1898), a fishing retreat that houses exhibits on the Algiers river boat and the Sanibel Lighthouse;
- Miss Charlotta's Tea Room, which was meant to serve as a gas station but became a temporary store when Bailey's store was demolished by the hurricane of



Long-time docent Bill Bachman instructs some new docents during an educational tour of the village

1926. It then became a tea room serving primarily people getting on or off the ferry, and later was home to the local school teacher;

• The 1926 Post Office, Sanibel's fourth, constructed entirely from wood salvaged from the water after the previous post office was washed into the sea during a hurricane;

• The Caretakers' Cottage, which sat between two Sears kit homes and served multiple purposes when its owners built it; and

• Morning Glories, a Sears kit house that cost just over \$2,200 in 1924 and was an indication of the island's growing dependence on its resort treasures.

The next step for new docents is to "shadow" experienced docents until they feel comfortable performing their duties on their own.

continued on page 29

NEW EXHIBIT AT

# Watson MacRae Gallery

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# Triple-Header At The Captiva Civic Center



Kathy Taylor (foreground) and Marcy Calkins set up their pads and easels in preparation for painting the Chapel-By-The-Sea at the Sanibel-Captiva Art Leagues Plein Air paint-out



Jane Foster's painting of the Chapel-By-The-Sea, which hangs in the Captiva Memorial Library, is one of many on display at the Captiva Community Center

If you want to find a local Captivan on the island the evening of Tuesday, December 8, a good place to start looking would be the Captiva Civic Center, located at 11550 Chapin Lane.

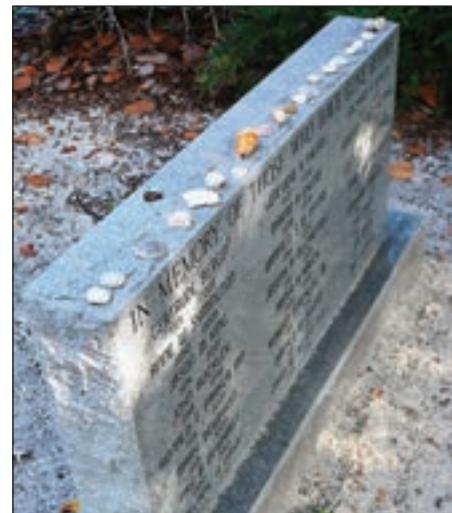
That's the location for the Captiva Civic Association's annual Holiday Social, from 5 to 7 p.m., which kicks off the CCA's social season. It also marks spots for the opening of the CCA's Chapel-By-The-Sea art exhibit, which will run through December 18 at the Civic Center.



The Chapel-By-The-Sea Parsonage, built in 1965, was so new that it kept the Captiva School and Chapel By The Sea Historic District from being listed on the National Register of Historic Places until recently



The serenity of this historic pioneer cemetery draws many visitors to stroll among the tombstones



Shells decorate a memorial marker at the Captiva Chapel-By-The-Sea Cemetery

By-The-Sea was incorporated and the building was purchased as a non-denominational house of worship 1954.

This tiny chapel, its grounds and the adjacent two-acre cemetery – established in 1897 – lie at the historical, spiritual, emotional and cultural heart of Captiva Island. They also are a major lure for visitors, who are drawn to the peaceful and beautiful surroundings.

Marcy Calkins, president of the Sanibel-Captiva Art League, said the Chapel and Cemetery also lure artists.

"It's a beautiful setting – so peaceful and serene," she said. "For artists, there are wonderful shadows, angles and light. Not only is the chapel beautiful, but so are the surroundings and the beach," she said. "There are also often wonderful surprises that happen when you are painting or drawing there, like some of our artists who tell of being there and having a family of baby owls who lived in the area making their presence known."

Kathy Taylor, who was recently there for one of the Art League's Thursday Plein Air art sessions, added, "It's a wonderful place to paint, because it's all so beautiful here you don't even need to paint out the background."

Calkins noted Chapel paintings also are popular with tourists and tend to sell well.

"It's a favorite spot for people who come to the islands," she explained. "They come here and experience a spiritual, emotional and beautiful place. Some people have weddings here. And, when they go home, they want to take a piece of the memory home with them, which often means buying a painting or drawing

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And, for those who show up a little early – say, about 4:30 p.m. – the Captiva Chapel-By-The-Sea board of associates and the Captiva Island Historical Society will be assembling nearby to toast the installation of cast-iron markers recognizing the inclusion of the Captiva Cemetery and Captiva School and Chapel-By-The-Sea Historic District on the National Register of Historic Places.

It should make for quite an evening. The iconic chapel was originally built in 1901 as a county schoolhouse for the island, and also used for religious services whenever a circuit preacher was in the area. It was purchased in 1921 by the Methodist Church and known as the Wayside Chapel until Captiva Chapel-

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of the Chapel.”

Calkins also said when Art League members recently were asked to submit artwork for the upcoming Chapel-By-The-Sea show at the Civic Center, they went through their collections and came up largely empty-handed because so many of their Chapel pieces had been bought by locals and tourists.

Thus, the Art League has recently had three paint-outs at the Chapel to produce new paintings and drawings.

There also is an appeal for people who own drawings or paintings of the Chapel to call the Captiva Civic Association at 472-2111 to arrange for lending their art work for display at the show.

CCA Executive Director Paul Garvey said an exhibition of Chapel art work several years ago was one of the more popular shows ever at the Civic Center.

“Now that we have remodeled the building,” he added, “we have more room and a much better place to display the art work. It should be an even bigger and better show.”

Artists whose works are on display will be invited to the opening at the CCA’s Holiday Social, and prizes will be awarded for outstanding work. All islanders are welcome to attend and are asked to bring appetizers to share at this community potluck style event. A donation bar will be provided.

The show will be open without charge to the public on Wednesdays and Fridays from 11 a.m. to 1 p.m., or by appointment with the CCA, through December 18.



**Marcy Calkins, president of the Sanibel Captiva Art League, poses in front of the Chapel-By-The-Sea**

According to Mike Boris, past president of the Chapel-By-The-Sea board of associates, the completion of two 44x30-inch cast aluminum markers commemorating inclusion of the Captiva School and Chapel-By-The-Sea District and the Captiva Cemetery on the National Register of Historic Places just happens to coincide with the opening of the Chapel art show and Holiday Social, and provided a good opportunity to celebrate the installation of the markers.

Boris credited islander Dick Jacker with doing the legwork and writing up the



**Captivan Mike Boris helped spearhead the effort to get the Chapel and Cemetery listed in the National Register of Historic Places when he was president of the Chapel-By-The-Sea board of directors**

application to the National Park Services Register nearly two decades ago.

He said that application had to be shelved because the Chapel Parsonage, which is included as part of the historical district, along with the Chapel and

Minister’s study, was built in 1965 and wasn’t old enough to qualify for inclusion at the time.

Boris said when he learned of the listing the Tween Waters Inn District on the National Registry, he and others updated Jacker’s earlier application and submitted it.

According to Boris, the fact that the Chapel was originally a schoolhouse played a big role in its inclusion.

“I also learned from the application process that there are hundreds of cemeteries around that are at least as old as ours that haven’t made it on the Register,” he added. “But because ours is considered a pioneer cemetery, that is what made the difference.”

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## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed Thursday, November 26 and Friday, November 27 for the Thanksgiving Holiday.

### Page Turners with Ann Rodman

If you would like to be on the Page Turners list, email [annrodman@aol.com](mailto:annrodman@aol.com) or contact the Center 4 Life.

The featured book for Wednesday, December 9 is *Euphoria* by Lily King. "King immerses us so fully in the lives of her characters that they remain excellent company beyond the pages of this book. Her research is so well digested that she is able to drop us into the complexities of their work without being didactic," wrote Camilla Gibb in *The Guardian*.

**Island Seniors, Inc. Annual Members Meeting** – Friday, December 11 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the center's many activities throughout the year, the financial standing and you will have an opportunity to elect new board members.

The featured guest speaker will be Ray Fenton, local architect. He has been in the area for over 30 years. A few of

his island projects include Ferry Landing, Jerry's Shopping Center and Beachview Golf Club (now Sanibel Island Golf Club). He will discuss the current trend of Aging in Place, focusing on older adults wanting to continue to live a full life in their own homes. Fenton will explain ways to modify your home to continue living comfortably and safely.

**Ostego Bay Walking Tour** – Monday, December 14. Cost is \$15 for the three-hour guided walking tour. Lunch is on your own. Tour the working waterfront. Learn about the shrimping industry from Ostego Bay working waterfront firsthand. You will also learn about Florida's "pink gold" (shrimp) and the oldest and largest fleet in Florida. The tour will also include 1.5-hour guided visit at the museum, which contains numerous hands-on exhibits. Depart from the Center 4 Life at 8 a.m. Call the Center 4 Life for more information, 472-5743. Registration deadline is Friday, December 11. Paid registration reserves your seat.

**St. Petersburg Mural Tour & The Dali Museum** – Tuesday, January 12. Cost is \$72 for members and \$77 for non-members. The trip includes round trip transportation, admission to Walking Mural Tour & The Dali Museum. Travel to St. Petersburg, Florida's leading art destination throughout the country. Embrace the blossoming street art movement. Feast your eyes at the Acropolis Restaurant and then head down to the Dali Museum for the Dali & Disney Exhibit. Call the Center 4 Life for more

information, 472-5743. Registration deadline is Monday, January 4.

### Games

**Bridge** – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Tuesday Kayaking** – December 1 and 8 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✳

From page 3

## Bailey's Ornament

number and giving a brief description of the particular significance of the design. The ornaments, certificates and folders are produced by The Charleston Mint of Brevard, North Carolina.

The ornaments are available for sale exclusively at Bailey's service desk or online at [baileys-sanibel.com](http://baileys-sanibel.com).✳

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The Sanibel Masters Art Festival continues a 25-year holiday tradition as 75 artists from across the nation bring their art to the Sanibel Community House on Friday and Saturday after Thanksgiving. Come browse and purchase paintings, jewelry, sculpture, glasswork and much more.

Proceeds from this event benefit the programs at the Sanibel Community House and the BIG ARTS, Sanibel and Captiva's home for all the arts.

To continue a marvelous tradition The BIG Arts Chorus will perform a preview of their holiday concert.

Please join us for one of Sanibel's finest community art events.



Mark and Teresa Baker

## Mark Baker: Heart Survivor Extraordinaire

The Sanibel-Captiva Heart Walk team has been sharing survivor stories from our friends and neighbors to highlight the benefits that heart and stroke research and awareness are having on residents of the islands.

Mark Baker's story is unusual because he has experienced both heart attacks and strokes – multiple times – and is still around to enjoy life. He and his wife, Teresa, both had an active lifestyle and busy careers as realtors. Mark walked four miles a day and his profession required seven day a week attention, which was fine, since he loved selling properties on the island.

Mark's health seemed to be good, although at age 18 he required multiple large doses of radiation to survive Hodgkin's disease. His subsequent health problems likely have a linkage to the radiation used to treat him.

Baker's first encounter with heart problems started in 2009 when he was just 51. He started experiencing pain in his chest and down his arm. Mark and Teresa headed off to Health Park. He returned home only after three stents had been placed to keep his narrowed blood vessels open.

In August 2012, Baker was hand cranking older shutters on one of his listings. It had been a blistering hot day. By the time he reached home, he had a terrible headache. Teresa arrived home to find him holding his head in pain and slurring his speech. It was clear he was having a stroke. Paramedics took him to Gulf Coast Medical Center, where he spent three days in intensive care. By the time he was able to come home he had been through emergency brain surgery, more time in intensive care and two weeks in Lee Memorial Stroke Rehab. Rehab enabled Mark to get his speech back and be able to walk without a walker.

After six weeks back home, Baker was again at Health Park because of blood clots that had formed and gone to his lungs. While there another problem was discovered, requiring yet more surgery.

Life went pretty well until one Saturday in September 2013. Baker started seeing double when he looked down. Visits to the ophthalmologists and an MRI did not reveal any specific cause for the change. A few weeks later, the medical saga continued.

This time, Mark was rushed to the emergency room where he had to be revived. Teresa agreed to let the doctors place him in a medically induced coma to avoid organ and brain damage from this stroke. Great doctors and excellent care had Baker back home within two weeks, with no lasting impairments except for the double vision.

In April 2014, Mark had yet another heart attack. He received a stent and subsequently had a defibrillator and pacemaker implanted. Thankfully, all has been quiet medically since then.

Despite this troubled history, Teresa has kept her sense of humor. She recounts that during a return emergency visit, one of the doctors said, "I thought I told you I didn't want to see you again!"

Faith, church, old friends and many new ones keep Mark and Teresa going. He is unable to drive or go out alone due to his double vision and balance issues. Despite these limitations, he is still able to enjoy life and keeps busy with physical rehab and brain games to keep his thinking sharp. Both Mark and Teresa have the highest praise for the doctors and staff at Health Park, Gulf Coast and the downtown rehab. Teresa believes that if it weren't for the excellent staff of doctors and nurses, Mark would not be here today. Baker is a survivor in the truest sense of the word.

Several of the procedures that helped to save Baker owe their origins to research funding from the American Heart Association. That is why, when Teresa read about this year's Sanibel-Captiva Heart Walk in the newspapers, she immediately volunteered to join the organizing team. She hopes that community members will show their support by walking with her on Sunday, January 31 starting at 1 p.m. at the corner of Tarpon Bay and Island Inn roads on Sanibel.

For more information, contact Kelly Goodwien at 495-4901 or KellyGoodwien@Heart.org and sign up online at [www.SanibelHeartWalk.org](http://www.SanibelHeartWalk.org).\*

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The St. Michael's Parish Choir performs two Advent anthems at the Lessons and Carols Service

## Lessons And Carols Service At St. Michael's

St. Michael and All Angels Episcopal Church invites islanders and visitors to its Advent season Lessons and Carols service, Wednesday, December 2, at 6 p.m., in the church sanctuary. The service, which originated in England, marks the beginning of the church year. Opening with a beautiful, bidding prayer to all present, it includes intercessions for the needs of the community and the world. A prescribed

sequence of scriptural lessons and familiar carols then follows.

Ellen Sloan, rector, says, "The service invites believers into the season of preparation for the birth of Christ. When people enter the church for the service, they leave behind the hustle and bustle of Christmas shopping, with its overly commercialized advertising and merchandising, to reflect on the true significance of our celebration of the Nativity."

For the Lessons and Carols service, the Church's Parish Choir presents two well-known anthems: *A Shoot Shall Come Forth Out of Jesse* and *Comfort, Comfort Ye My People*. The choir also leads the congregation in the singing



Pianists Roxane Olevsky and Jan Holly play duet arrangements of Christmas carols immediately preceding the service, at 5:40 p.m.

of popular Advent carols, including *O Come, O Come Emanuel* and *Prepare Thy Way, O Zion*. According to St. Michaels' Director of Music and Organist Hank Glass, "These carols and anthems have remained with us for centuries, because they, as much as anything, get at the heart of the Advent season and its significance."

The service is preceded by a brief piano recital, featuring Roxane Olevsky and Jan Holly, performing four-hand arrangements of Christmas carols on a signature, Italian-made Fazioli grand piano. The piano, provided by Euro Piano of Naples and signed by its maker Paolo Fazioli, is designated a collector's item.

"The Fazioli has a reputation for tonal

clarity – but especially so in the bass," Holly says. "This characteristic enhances four-hand music, which distributes themes and figurative passages equally in both high and low registers."

Holly and Olevsky perform such holiday favorites as *Jesu, Joy of Man's Desiring* by Bach, *Hark the Herald Angels Sing*, *Angels We Have Heard on High*, *The Coventry Carol* and *O Come, All Ye Faithful*. The pre-service recital begins at 5:40 p.m.

The service will be followed by a pot luck supper in the Parish Hall. Diners share their favorite seasonal recipes at a buffet. Everyone is welcome. Bring your favorite dish to the dinner, and your dinnerware, if you can, or just bring yourself, enjoy the camaraderie and get better acquainted with your fellow islanders.

The church is located at 2304 Periwinkle Way. For further details, call 472 2173/saintmichaels-sanibel.org.✱

## Kiwanis Start Kids' Gift Drive

The Sanibel-Captiva Kiwanis Club and Friends Who Care, Inc. are appealing for unwrapped gifts for distribution to local children.

Drop unwrapped holiday gifts for children ages 1 to 15 years at Premier Sotheby's International Realty, 2341 Palm Ridge Road, Sanibel.

The last day to donate is Tuesday, December 15. For further information, call Lisa at 472-2735.✱

Needful Things

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**Otters**

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Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road. Call 472-2329 for more information.\*



Village volunteers Lynne Campean and Anita Smith at Rutland House last year.

## WWII Christmas Theme At Village

The Sanibel Historical Village will celebrate Christmas with the public at a free festive event on December 4, from 3 to 5 p.m. It's a pre-Luminary event to get visitors started on their festive rounds!

The theme will be I'll Be Home for Christmas, in recognition of the 70th anniversary of the end of World War II. It will highlight what it was like on Sanibel during Christmas 1945, as well as what was taking place across the country.

Members of the community have contributed many WWII items and memorabilia for exhibition during the event. Letters, pictures, uniforms, posters and more will be on display.

The village is located at 950 Dunlop Road.\*

## Happy Birthday



**Ben Jolly**

Ben Jolly will celebrate his 100th birthday on December 2 with an open house from 3 to 6 p.m. at 442 Lake Murex Circle on Sanibel. Friends are welcome; no gifts please.

His daughter, Peggy Nickerson, shared the following:

Dad was born in 1915 and practiced medicine in rural Missouri for over 50 years. He served in the Pacific Theater in World War II in the U.S. Army. General

Douglas McArthur borrowed dad's raincoat when he got caught in the rain while visiting the troops. It was never returned and dad spent the rest of the war in the jungle with no raincoat.

Dad was a surgeon and briefly practiced in Los Angeles, where he performed surgery on celebrities such as Carmen Miranda and several Los Vegas showgirls.

While living in St. Louis, he moonlighted as the doctor on duty during professional wrestling events, jumping into the ring to examine supposedly injured wrestlers.

Also, while doing surgery in St. Louis, he operated on several St. Louis area mobsters who had been shot or injured or were ill, including one guy's mother. He said that when he was operating, there were armed "goons" outside the operating room, and when he told the son his mother was going to be fine, the mobster replied "She better be." The son never paid the bill, but dad didn't try to collect.

He moved to a little town called Mexico, Missouri in the early 1950s and practiced medicine there until retirement. He never charged more than \$15 for an office call, often being paid with fish, frogs, rabbits, squirrels and garden vegetables. Once, he received a hand-stitched quilt. He made house calls in all weather, no matter the time or location.

He moved to Sanibel in the late 1980s and rode out Hurricane Charley. He said that if he survived the South Pacific in WWII, he could survive Charley.\*

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# Whatever Happened To Amendment 1?

submitted by Larry Schopp

**R**emember Amendment 1? That was the citizen-initiated Florida Land and Water Conservation Amendment to the Florida Constitution that was adopted by an overwhelming 75 percent of the votes cast in last November's election.

According to the ballot summary, the amendment was intended to fund the Land Acquisition Trust Fund to "acquire, restore, improve, and manage conservation lands including wetlands and forests; fish and wildlife habitat; lands protecting water resources and drinking water sources, including the Everglades... by dedicating 33 percent of net revenues from the existing excise tax on documents for 20 years."

The idea was to require the State Legislature to breathe new life into the Florida Forever program for conservation land acquisition -- funding for which had almost dried up in recent years as the legislature turned its back on conservation spending, particularly for land acquisition.

More than one million Florida voters signed petitions which won Amendment 1 a place on the November 2014 ballot. The measure was overwhelmingly backed by voters here on Sanibel and Captiva.

Its passage meant that, during the 2015 legislative session, about \$700 million should have been earmarked for conservation land acquisition and

related expenditures -- but that never happened. A small fraction of that amount, about \$55 million, was allocated for land acquisition. About \$300 million was used to pay salaries to employees in state agencies like the Department of Environmental Protection and the Department of Agriculture, while the legislature approved tax cuts in excess of \$400 million.

It appears our representatives in Tallahassee never intended to comply in good faith with Amendment 1. Instead, they paid it lip service while using funds that should have gone to the Land Acquisition Trust Fund to balance the state budget and help fund a large tax cut.

The explanation from Tallahassee insiders was that the voters were hoodwinked by the people who drafted Amendment 1. The language is so broad and full of loopholes, they said, that the legislature was not bound to use the funds for land acquisition, but was free to spend it on anything remotely related to conservation.

House Speaker Steve Crisafulli was quoted in the *Orlando Sentinel* as saying "the legislature complied with both the spirit and letter of the constitution...." in allocating Amendment 1 funds.

I just reread the language of amendment 1 and don't buy that argument at all. But what I think won't matter in the long run. The Florida courts, and very likely the Florida Supreme Court, will decide what action Amendment 1 requires of the State Legislature.

There are currently two lawsuits pending in the Leon County Circuit Court that challenge the way in which Amendment

1 dollars are being spent.

The first -- which was brought by three environmental groups, The Florida Wildlife Federation, St. Johns Riverkeeper and Florida Sierra Club -- names the legislature and legislative leaders and seeks a declaratory judgment, in which they assert that \$300 million was misallocated during the last legislative session and should be paid into the Land Acquisition Trust Fund. Lawyers for the legislature have already made a motion to dismiss that suit, arguing that the courts have no authority to tell the legislature how it is to allocate and appropriate funds.

That argument might have more appeal if we were talking about purely discretionary spending -- but we are not. The Florida Constitution now directs how the funds in question are to be spent. Whether the legislature is ignoring a clear constitutional mandate should be a justiciable issue.

The second suit, filed in early November by Florida Defenders of the Environment, takes a different tack. It names the state agencies that were the recipients of Amendment 1 funds to use for salaries and other ordinary expenses and seeks to block their use of those funds for those purposes. The intent appears to be to interpose an alternate theory on which to proceed just in case the courts accept the legislature's argument that it can allocate funds as it sees fit without court interference.

It's too early to predict how all this will play out. The motion to dismiss in the first case will be heard in December and will likely be appealed regardless of who

prevails. Ultimately, the Florida Supreme Court will decide the fate of Amendment 1. There will be no resolution in time to influence appropriations during the upcoming legislative session. The likelihood is that the legislature will continue to ignore the millions of Floridians who voted for Amendment 1 and apply the funds that should be earmarked for conservation land acquisition for other purposes, like balancing the budget or funding tax cuts.

The people of Florida spoke loudly and clearly at the polls last November by enacting Amendment 1 by a 75 percent vote margin. The legislature has chosen to misdirect funds the voters intended be used directly for land conservation. Let's hope the courts send a clear message -- that the legislature is not above the law.

*Note: Larry Schopp led the Amendment 1 petition drive on Sanibel on behalf of Committee of the Islands (COTI).\**

## Solar Meeting

**R**esidents of Sanibel and Captiva islands will be able to realize savings on solar energy conversion through the collective buying power of SanCap Solar Connect, an initiative designed by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). It is based on the success of a number of initiatives in other states, and is the first-ever community-driven solarize program in Florida.

The next free informational Solar Community meeting will take place on Thursday, December 3, at 5:30 p.m. in the "Ding" Darling Visitor & Education Center auditorium. No reservations are necessary. Another meeting is scheduled for Tuesday, January 12, at the same time and place.

Representatives from Urban Solar, SanCap Solar Connect's installation partner, and DDWS will be on hand to explain how the program works and answer questions. Residents and business owners will be able to schedule free, no-commitment analyses with Urban Solar to receive a bid for installation costs and information on the advantages of a solar energy system.

"Getting into a much more sustainable energy program is very important -- getting away from carbon-based energy," said Mark Anderson, president of Benchmark General Contractors and member of the SanCap Solar Connect advisory committee. "The price of solar systems has come down significantly in the last 10 years. It's much more economical, and you can arrive at ROIs (returns on investment) sometimes in less than five years. We've got a great window of opportunity here with SanCap Solar Connect. Let's use it!"

Islanders can go online at [www.SanCapSolarConnect.org](http://www.SanCapSolarConnect.org) to easily sign up for a free evaluation or to receive informational emails. The web site's FAQ page answers the most common questions about the program and solar energy.

Interested parties can also contact program coordinator Joyce Lathrop at [jlathrop@sancapsolar.org](mailto:jlathrop@sancapsolar.org) or 940-8931

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## Church Youth Group Meetings

Members of Sanibel Congregational United Church of Christ's youth group Journey had an evening of fun and games celebrating Hallow's Eve.

Journey is for middle and high school students and meets every Wednesday during the school year from 5:30 to 7:30 p.m. In anticipation of Halloween, they shared their costumes, talked about some of the ties between Halloween and Christian traditions, held mummy races and had fun.

All youth are invited to join the group at the church at 2050 Periwinkle Way. For those arriving early, there is Pizza Club starting at 5 p.m.\*



Amaya and Katelyn show off their costumes for the Journey youth group's Hallow's Eve Party at Sanibel Congregational United Church of Christ

## Shell Enthusiasts Holiday Party

The 3rd annual Shell Enthusiasts Holiday Party will be held at The Community House on December 6. Members of the Sanibel-Captiva Shell Club, volunteers and staff from The Bailey-Matthews National Shell Museum, and the Sanibel Community Association shell crafters, shell sorters and staff are gathering for the joint holiday party that will begin at 1 p.m. The party gives everyone who is involved in the different aspects of "shell volunteering" an opportunity to get together and become better acquainted.

The event will feature a potluck lunch, and the beverages and tables service

(plates, napkins, cups, and silverware) will be provided by "shell angels." Bring one dish to share per individual attending and bring your own serving pieces.

There will be a White Elephant Gift Exchange, also known as a Yankee Swap. Each person who wants to participate should bring a wrapped white elephant gift. Seashell-related items are always desirable. If you can't find a white elephant and choose to purchase something for the gift exchange, a price limit of \$10 or under is suggested.

Please RSVP to Joyce Matthys at (503) 871-1082 or joycematthys1@gmail.com before December 2 for planning purposes. The party has been known to be very successful the past two years, especially the food and the fun of the Yankee Gift Exchange.\*



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Study. www.orthodox-faith.com, 481-2099

### BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
night services at 7:30 p.m. in the  
Fellowship Hall of the Sanibel  
Congregational United Church of Christ,  
2050 Periwinkle Way. Rabbi Myra Soifer.  
For information call President Martin  
Pokedoff at 239-395-2544.

### CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris  
Services every Sunday 11 a.m. through  
April 24, 2016. 11580 Chapin Lane on  
Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday 10:30 a.m.;  
Sunday School 10:30 a.m., Wednesday  
evening meeting 7:30 p.m.; Reading room  
open, Monday, Wednesday and Friday  
10 a.m. to 12 p.m. (November through  
March), Friday 10 a.m. to 12 p.m. (summer  
hours). 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday mornings  
9 a.m. Bible Study and 10 a.m. Worship  
Service at The Community House,  
2173 Periwinkle Way. 239-671-5502.

### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684  
Dr. Daryl Donovan, Senior Pastor

Sunday Worship Hours: 8 a.m. Traditional  
in historic Chapel. 9 a.m. Contemporary  
and 11 a.m. Traditional in main Sanctuary.  
10:15 a.m. Courtyard Fellowship. 9 and 11  
a.m. Bible classes. Childcare available at  
all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497  
The Reverend Dr. John H. Danner, Sr.  
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Associate Pastor. 7:45 a.m Chapel  
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### ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Road, 472-2763  
Pastor Reverend Christopher Senk,  
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Mass 8:30 and 10:30 a.m., Daily Mass  
Wednesday, Thursday and Friday 8:30  
a.m. Communion Service Monday and  
Tuesday 8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 8 and 10:30  
a.m Sunday Eucharist, 10:30 a.m. Sunday  
School, 9 a.m. Tuesday Morning Prayer, 9  
a.m. Wednesday Healing Eucharist, 6 p.m.  
First Wednesdays Prayer and Potluck. 6  
p.m. Third Wednesdays Taizé Service.  
472-2173, www.saintmichaels-sanibel.org

### UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month  
from December through April at the  
Sanibel Congregational Church, 2050  
Periwinkle Way at 5 p.m. A pot luck is held  
at a member's home on the third Sunday  
of each month. For more information call  
433-4901 or email ryi39@aol.com.✧

## OBITUARY



JOHN RIDALL

John Hanson "Hank" Ridall, a  
wonderful husband, loving father,  
grandfather and great grandfather,  
passed away on November 1, 2015. He  
was born in Pittsburgh, Pennsylvania  
January 15, 1926 to the late Edmund  
Wainwright Ridall and Anice Daniel  
Ridall. Growing up in Pittsburgh, he  
graduated from Shady Side Academy in  
1944. While there, he excelled in sev-

eral sports holding a school basketball  
scoring record and receiving the Henry  
Harris Award for outstanding ability,  
leadership and sportsmanship.

Hank served his country during the  
next 2 1/2 years in Europe, as a gun-  
nery sergeant in the Army Air Corps.  
Returning from World War II, he entered  
Williams College in Williamstown,  
Massachusetts. Upon graduation, he  
entered the life insurance industry. As  
an early practitioner of estate planning  
and wealth conservation, he led a distin-  
guished career.

On February 16, 1952 in Stamford,  
Connecticut, Hank married Coralie F.  
Jessup, better known as "Coe." Together,  
they provided the strength and love that  
is the basis of their rich family traditions  
and values. He and Coe raised their fam-  
ily in Dayton, Ohio and, for the last 34  
years, until Coe's passing, called Sanibel  
Island their home.

His passions throughout his life never  
changed. His family, his love for his sum-  
mer home in Canada and fishing. To  
those who knew him, he was a man of  
true character, a gentleman's gentleman.

Hank is survived by his three children  
and their spouses, seven grandchildren  
and 13 great grandchildren. A family  
memorial service was held in the chapel  
at Northside United Methodist Church  
in Atlanta. Donations can be made to  
Covenant House Georgia, 1559 Johnson  
Road NW, Atlanta, GA 30318.✧

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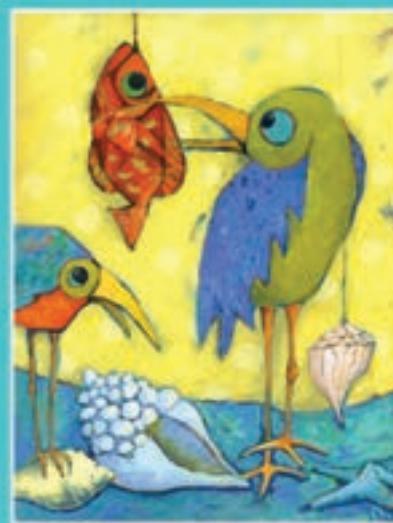
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## FISH Sponsors Mobile Mammogram

Women of all ages will have  
local access to mammog-  
raphy services on Tuesday,  
December 1 from 11 a.m. to 3 p.m.,  
when FISH of SanCap sponsors the  
Radiology Regional Center Mobile  
Mammogram for the community. Early  
detection of breast cancer allows for  
a greater number of options for treat-  
ment and a better chance of survival.  
The Radiology Regional Center's Mobile  
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choose this service.

The mobile mammography trailer will  
be stationed at the Bailey's General Store  
parking lot. This service is made possible  
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tion is necessary for this service, and  
FISH may be able to provide financial  
assistance to those without insurance or  
with limited financial resources.

Interested individuals can book an  
appointment or learn more about the  
program by calling Christine or Jessi at  
the FISH Walk-In Center at 472-4775.

For additional information, visit [www.fishofsanap.org](http://www.fishofsanap.org).✧



Parish Nurse Linda Convertine, center, is welcomed to the Sanibel Congregational United Church of Christ by Associate Pastor Deb Kunkel and Senior Pastor John Danner

## Congregational Church Adds New Parish Nurse

The Sanibel Congregational United Church of Christ has added a new parish nurse to its Pastoral Team. Linda Convertine, RN, BSN, CMSRN, comes to the church from Health Park Medical Center, where she most recently served as a nurse manager. With degrees from Edison Community College and Florida Gulf Coast University, Convertine brings a wealth of training and experience to the position. She also recently completed the parish nurse training program conducted by Lee Memorial Health System.

Convertine has been the recipient of a number of academic and professional awards and honors, including the Award for Clinical Excellence Nurse Exemplar in 2004 and 2005 from the Florida Nurses Association, the Outstanding RN/BSN Student Award from FGCU in 2007, The Florida Hospital Association Quality & Service Award in 2012, and the Presi-

dent's Circle Award for Employee Satisfaction in 2009, 2010 and 2014.

Convertine will participate in providing pastoral care to the congregation's parishioners, assisting as needed with home visitation, health education and family assistance. She will also work with the church's Health Ministry Committee on a variety of issues.

"Linda has already become a valuable member of our staff," said Senior Pastor, the Rev. Dr. John H. Danner. "We look forward to what I am sure will be her many contributions to our health and well-being as a congregation."

Convertine and her husband live in Cape Coral and have two adult children. Her office is at the church, located at 2050 Periwinkle Way on Sanibel. For further information, visit [www.sanibelucc.org](http://www.sanibelucc.org).✳



Linda Convertine

## Walk Through Bethlehem

Sanibel Community Church presents its 8th annual "Walk through Bethlehem" in the Historic Chapel, 1740 Periwinkle Way (next to Jerry's Market) on Wednesday, December 2, from 7 to 8 p.m. and Friday (Luminary night) December 4, from 5:30 to 9 p.m.

The Chapel is converted from a room with pews to the busy streets of a Bethlehem marketplace over 2,000 years ago, with shops, soldiers, beggars and, of course, the peaceful scene in the stable where tales of Jesus' birth are shared. This baby is The One who changes everything.

Sanibel Community Church is offering this experience so that the community can encounter the true meaning of Christmas.

"It is so often at this time of year that our focus moves off of the 'meaning of' to the 'doing for.' We hustle and bustle trying to find the perfect gift, while parties, activities, Santa and more distract us from the real reason for the season," said Katherine Butler, member of SCC.



A stable scene depicting the birth of Jesus

The performance on Wednesday night is offered to the public so that the long lines on Friday can be avoided.

"We will have over 600 people pass through Bethlehem on Friday night," said Elaine Donovan, Director. "But people comment 'It is well worth the wait'."

The public is welcomed to immerse themselves into the spirit of the season with their Walk through Bethlehem. This event is free to the public, appropriate for all ages and disabled accessible. If you would like more information, contact the church at 472-2684.✳

## CHRISTMAS AT SANIBEL COMMUNITY CHURCH



**LUMINARY LIGHTS SHINE BRIGHT ON SANIBEL** Friday, December 4 from 5:30 to 9 p.m.

### A WALK-THROUGH-BETHEHEM

Step back in time to the night of Christ's birth. The Historic Chapel is transformed to the City of Bethlehem, filled with Bible Characters. (Bethlehem is also open to the public on Wednesday, December 2nd, from 7 to 8 p.m.)



### COURTYARD LUMINARY CELEBRATION

Great parking, free food and drink, petting zoo, craft tent for children and live music all night long! Come walk through a beautiful extravaganza of luminary lights celebrating Christ Jesus the King! LOGOS and Summit Christian Preschool Children will be singing at 7 p.m.

### HOLLY & IVY CHRISTMAS BAZAAR

The Bazaar and Bake Sale opens at noon, with lunch available. A fabulous silent auction takes place, with bids closing at 8 p.m.



### THE MASTERSINGERS CHRISTMAS ON SANIBEL

Sunday, December 13, 5 p.m.

It will be an unforgettable evening with the Mastersingers and orchestra as they perform Traditional Christmas... and More. A carol sing will begin at 4:30 p.m. and the concert begins at 5 p.m. and is free and open to the public! A special offering will be taken for Angel Tree Ministries, bringing gifts to children who have a parent in prison.



### CANDLELIGHT CHRISTMAS EVE

Wednesday, December 24

#### Four Services Of Worship:

- 4 p.m. – Contemporary In The Sanctuary.
- 6 p.m. – Contemporary In The Sanctuary.
- 8 p.m. – Traditional With Choir In The Sanctuary.
- 11 p.m. – Traditional With Midnight Communion In The Historic Chapel.



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Members of the Girl Scouts of Gulfcoast Florida with their CROW staff members and volunteers and some of the patients

## Girl Scouts Donate To CROW

The Girl Scouts of Gulfcoast Florida, Troop 874, in Fort Myers, recently donated \$125 to Clinic for the Rehabilitation of Wildlife (CROW) after selling 375 boxes of Girl Scout cookies. CROW invited the troop for a tour of its campus and to meet CROW's students, rehabilitators and animal ambassadors.

"It was a great feeling to meet young women caring so much about donating, nature and its wild animals," said Rachel Rainbolt, education coordinator at CROW.\*

To advertise in the *Island Sun* Call 395-1213

## Williams Speaks At St. Michael's Event

The women of St. Michael and All Angels Episcopal Church held their first meeting of the season on November 9. The luncheon meeting, catered by Bailey's General Store, featured an inspirational lecture by Lee Williams, titled *From China To St. Michael's: A Personal, Spiritual Journey*.

For Williams, historic world events had a dramatic personal impact. She recounted the story of her mother, a Russian who walked 1,200 miles to China to escape the Revolution and who married an American stationed in the navy in Shanghai.

Williams described being confined as a toddler in a Japanese prisoner-of-war camp in Manila. For three years, she remained there, until liberation by General MacArthur's forces at the end of World War II. Further displacements took her to Tripoli, Libya and a number of locales in America, where she finally settled as a teenager in Cleveland, Ohio.

Her spiritual journey took a surprising turn when, moving to Dayton, Ohio with husband Tom, she joined an Episcopal Church and attended a Bible Study class. Although having never opened a Bible before, she responded to the class instructor's challenge: "Can you not stay awake with the Bible for an hour?" At first reading a chapter each day, she expanded her study to Theology and to the Bible's historical foundations. She later led Bible Study groups, became a licensed Eucharistic minister and attended a Cursillo retreat that she said changed her life: "It was an amazing experience, two days as witness to an outpouring of love," explained Williams. "It was unforgettable."

Williams now finds serenity in the seclusion and natural beauty of the two islands where she divides her time – on Captiva and in Ontario's McGregor Bay. Her most recent practice is prayer-bead meditation: "Thirty-three beads, one for each year of Christ's life on earth," she said. "I recommend it. It's devotional, calming and centering."

At St. Michael's, Williams serves as a Eucharistic minister and volunteers at Noah's Ark thrift shop. About her spiritual path, she concluded, "The road was bumpy and circuitous, with many ups and down, hills and valleys. But the hills and valleys were all necessary parts of the journey."

President Norma Emerson led the business meeting, assisted by officers Betsy McCullough, vice president; Sylvia Heider, secretary; and Liz Coffey, treasurer. Roz Burroughs was the luncheon chair.

December's meeting, scheduled for Monday, December 14 starting at 12:30 p.m., features Christmas music and a demonstration of Ikebana holiday arrangements by guest speaker Brenda Norris.

To inquire about the Women of St. Michael's, contact Norma Emerson or Rector Ellen Sloan at 472-2173. St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way. Visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org) for more information.\*



Guest speaker Lee Williams chats with St. Michael's Rector Ellen Sloan

photo by Jan Holly



**Dr. Trent Brown, Artistic Director**



### Joy to the World: A Global Celebration

<p><b>Saturday, December 5<sup>th</sup></b> St. Luke's Episcopal Church 2635 S. Cleveland Avenue Fort Myers 7:30 pm</p>	<p><b>Sunday, December 6<sup>th</sup></b> Sanibel Congregational United Church of Christ 2050 Periwinkle Way Sanibel 3:30 pm</p>
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Urban Solar representatives met recently with Richard Johnson, third from left, co-owner of Bailey's General Store, and SanCap Solar Connect committee chair John McCabe, left, to discuss a solar system

From page 10

## Solar Meeting

for more information and to request a solar analysis.

"The more people who sign on to convert to solar energy, the more everyone saves on installation costs," said John McCabe, chair of the SanCap Solar Connect advisory and implementation committees.

Residents and business owners who officially commit by February 15, 2016, can apply for a federal tax credit. Installation must be completed by year-end 2016 to qualify.\*

## SanCap Solar Connect Selects Urban Solar Group

SanCap Solar Connect, an initiative designed by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) to save local residents money on solar energy conversion through collective buying power, has announced the selection of Urban Solar Group as its community installer.

"We received responses to our request for proposal from five different Florida firms," said John McCabe, chair of the SanCap Solar Connect advisory and implementation committees. "We carefully vetted and interviewed each and found Urban Solar to be the best fit for our program - the first-ever community-driven solarize initiative in Florida. Besides shopping for price, we made sure our installer would be using the highest quality products to meet the islands' needs."

Urban Solar began in 2001 as Key Power Services in Naples, specializing in off-grid solar power systems for Keewaydin Island while providing installation and service to the local Naples area. In 2013 the company changed its name to Urban Solar Group and established its headquarters in Boca Raton, Florida. It still maintains a Naples office.

Since 2001, Urban Solar has performed hundreds of residential and commercial installations throughout Florida, including the Miami Children's Museum and W.C. Huff Moving and Storage, the largest private solar installation in Collier County.

"At Urban Solar Group, we are very proud and honored to be part of this truly historic program," said Urban Solar vice president Tony Ramudo. "We hope that other communities will follow SanCap Solar Connect's and 'Ding' Darling's example of how people can come together and bring renewable energy to the Sunshine State."

For information on SanCap Solar Connect or a free, no-commitment solar analysis, visit [www.SanCapSolarConnect.org](http://www.SanCapSolarConnect.org) or contact program coordinator Joyce Lathrop at [jlathrop@sancapsolar.org](mailto:jlathrop@sancapsolar.org) or 940-8931.\*

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## Nature Store Extends Holiday Happy Hours

Forget Black Friday. Think instead Green Thursday, December 3, the date of the Refuge Nature Store's third annual Happy Hour Holiday Shopping event in the "Ding" Darling Visitor & Education Center.

This year "Ding" Darling Wildlife Society-Friends of the Refuge has extended the event an extra hour, after the center closes, from 4:30 to 7 p.m.

The store has stocked special holiday

gift items for the event and it will have gift consultants ready with suggestions and free recycled paper gift-wrapping. Local artisans, including potter Jerry Edelman, will also be on hand for meet-and-greet.

The store will serve wine and cheese for the event. Shoppers who spend more than \$20 will get a free gift.

"All proceeds from Nature Store purchases go directly to benefiting wildlife and conservation," said store manager Alison Conger. "So we thought it would be a fun way to get everyone in the holiday spirit with an altruistic twist."

The store carries a complete line of birding and nature books for adults and

children, wildlife toys and games, holiday ornaments, gifts made from recycled materials, nature-themed jewelry and home décor, logo T-shirts and hats, and a wide variety of stocking stuffers and other gifts for men, women and children.

For more information, call 472-1100 ext. 241.

As a non-profit 501(c)3 organization, DDWS works to support J.N. "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research, and public education through charitable donations and Refuge Nature Shop proceeds.✪

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Shell Of The Week

# Pigmy Octopus



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

Octopuses are shell-less mollusks of the class Cephalopoda. One of the local species is the



The pigmy octopus, *Octopus joubini*, and its eggs

about the pigmy octopus at <http://shellmuseum.org/shells/southwest-florida-shells/octopus-joubini>.

### Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our Marine Biologist for a beach walk near Island Inn on Sanibel Island. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach

walk participants. Space is limited so book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off Shell Museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day.

Daily Tank Talks, 11:30 a.m. and 3:30 p.m.: Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO

both photographed in Kice Island by Amy Tripp

Wednesday at 1:30 p.m.: Mid-Day Tank Talk at the Museum live mollusk tank.

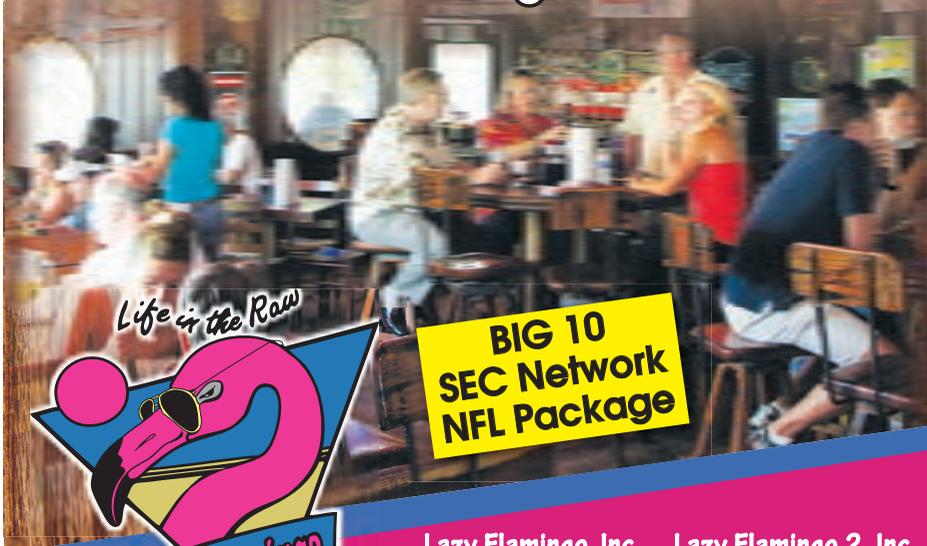
Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO. The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

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**CROW Case Of The Week:**

# Raccoons And Friends Need Your Help

by Patricia Molloy



It's that time of year, again. Staff, students and a limited number of volunteers are working around the clock to feed the orphaned, injured and abducted youngsters like raccoons, opossums, baby birds, and dozens of little squirrels.

The raccoon (*Procyon lotor*) room contains a number of little bandits that chatter day and night. They are generally orphaned and must be tube-fed and/or bottle-fed a milk supplement until they transition to solid meals similar to those fed to the opossums. Incidents of rabies and distemper are extremely low in baby raccoons; however, one is required to be up-to-date on certain shots in order to work with baby raccoons.

The baby squirrel room is full of incubators to keep the youngsters warm and comfortable. They are tube-fed three to four times per day Fox Valley formula, a milk replacer specifically designed for baby squirrels, eastern cottontails and opossums. Once the healthy squirrels are weaned and can eat soaked monkey biscuits, vegetables and fruit, they will be transferred outside. CROW hopes to release them within three months of their arrival.

If you love the islands' diverse and exotic wildlife, please donate your time to feed and care for helpless baby birds, energetic little squirrels and injured gopher tortoises. Four-hour shifts are available and training is provided. For more information, call JoEllen Urasky, student program and volunteer coordinator, at 472-3644, ext. 229 or go to CROW's website to download an application.

If you don't have the time to volunteer, you can do your part by donating items from the clinic's wish list: paper towels, Purina ONE Kitten Chow, Purina Puppy Chow (no colored chunks), wild bird seed, bleach, fragrance-free laundry detergent, new or gently used bath and hand towels, red heat lamps (250W), garbage bags (42 gallons) and ceramic crocks of all sizes (ramekins, etc.).

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crow-clinic.org](http://www.crow-clinic.org).



These raccoons arrived at CROW as defenseless babies. After being bottle-fed for a couple of months in the clinic's ICU, they were moved to a spacious and isolated outdoor enclosure. It is imperative that they practice climbing before they can be released.

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# Reading Cold Front Patterns



by Capt. Matt Mitchell

**O**ur first real cold front of winter arrived over the weekend. This not only dropped our water temperatures but brought windy conditions for a few days. As usual the

event after more than a month of unseasonably warm weather making our fishing more of a guessing game than it should be this time of year.

Fishing this annual cycle of winter cold fronts is now all part of the game and to be successful at it you have to adapt to the days conditions.

High pressure on the back side of a cold front is usually the enemy of snook anglers but is a plus for those targeting sheepshead.

Fishing right before the arrival of a strong cold front on the other hand can be the most wide-open snook action of the year. No matter what winter throws at us there are always a species of fish to catch it's all about picking the right fish for the conditions and learning how cold fronts affect the bite.

One of the things I really enjoy about our winter fishing is the close proximity of the action. Anglers don't have to travel far to get into the sheltered mangrove creeks, bays and channel systems that load up with fish during the winter months and prolonged periods of cooler temperatures. Slowly bouncing the bottom with live shrimp on a jig will soon

first day after the passing of the cold front. conditions on the water were a little tough then gradually improved.

This cooling water is a good thing and will finally put our resident fish into the usual winter haunts. It will also give us another good push of bonita and Spanish mackerel moving south down the beaches and hopefully bring in the much-awaited sheepshead of winter.

Although I'm am certainly not a fan of cold weather, this was a much needed



Wade Robert with a slot-size redfish caught while fishing with Capt. Matt Mitchell

## Send Us Your Fish Tales

**T**he *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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become the method of choice and basically catches everything that swims.

Last winter was a little different than most winters though as our shiners never left and could be cast-netted around the deeper sections of the Sanibel Causeway. During all but the coldest days we caught winter time snook and large trout deep inside the clear water mangrove creeks

systems of the barrier islands. Despite reports of a red tide fish kill and the dead fish washing up along the beaches, I've yet to see any effects of this in the sound. According to FWC's red tide reports, this bloom is still out in the gulf a few miles offshore and the dead fish are being pushed in by the wind and tides. A few days of strong winds will hopefully help to break it up if or push it offshore and to the south. Let's keep our fingers crossed that we don't have to deal with this red tide for long.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\**

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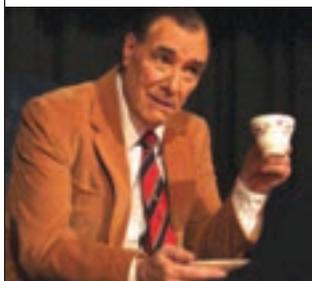
from 10am to 1pm. Specialty items created or enhanced by Shell Point residents are available for purchase, just in time for the holidays. Enjoy demonstrations, refreshments, and hourly door prizes, and complimentary gift wrapping with any purchases. Check or cash only;

call (239) 454-2290 for more information.

### **FREE** Dec 2, 8, 16 & 22

#### **Learn More About Shell Point**

at 9:30am. Visit Shell Point for a presentation about our signature Lifestyle with Lifecare, and a narrated bus tour showcasing the community's resort-style retirement options and amenities. **Admission is free. Call (239) 466-1131 or 1-800-780-1131 to reserve your place.**



### **FREE** Dec 6 **Season of Praise: David Payne Presents Christmas with C.S. Lewis**

at 6:15pm. British actor David Payne will bring novelist C.S. Lewis to life in this 90-minute, one-man Christmas drama. Payne, acting as Lewis, will share thoughts on English Christmas traditions, his

conversion to Christianity, and writing *The Chronicles of Narnia*. **Tickets are \$10, and can be purchased at [www.shellpoint.org/seasonofpraise](http://www.shellpoint.org/seasonofpraise), or call (239) 454-2147.**



### **FREE** Dec 13 **Service of Lessons & Carols**

at 6:15pm. Southwest Florida audiences are invited to a musical Christmas celebration filled with scripture readings, carol singing, and

Christmas music performed by the 100 voices of The Village Church Choir and guest organist, Dr. Ronald Boud. **For more information, call (239) 454-2147.**

### **FREE** Dec 21 **Southwest Florida Symphony Series: Holiday Pops**

at 7:30pm. The Southwest Florida Symphony's Maestro Nir Kabaretti brings the familiar, joyous sounds of December holiday favorites to life during this much-anticipated concert. **Tickets are \$30, and can be purchased at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.**



### **FREE** Dec 24 **Christmas Eve Carols & Candlelight (two services)**

at 4:15pm and 7:15pm. Gather with family and friends for a retelling of the Christmas story at this special Christmas Eve candlelight service. Choose either the afternoon or evening service; both will include caroling, candlelight, special music, and an inspirational

message. **For more information, call (239) 454-2147.**

### **FREE** Dec **Recover with Shell Point**

**Rehabilitation Care** The Rehabilitation Center in the Larsen Pavilion at Shell Point offers inpatient and outpatient rehabilitative and physical therapy through a team of physical, occupational, and speech therapists. Specialized programs include orthopedics, stroke care, memory care, dysphagia, pain management, and low vision. A dedicated occupational therapy suite and aqua therapy pool are also available onsite. **For more information call (239) 415-5432.**



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Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation

Visit [www.shellpoint.org/LES](http://www.shellpoint.org/LES) for full listings of this month's events!

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Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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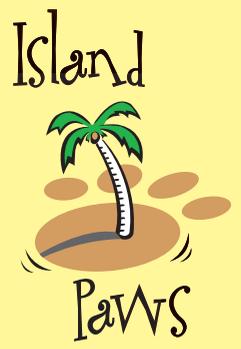
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## City Holiday Schedule

Sanibel City Hall will be closed in observance of Thanksgiving, Thursday, November 26 and Friday, November 27. Regular office hours will resume on Monday, November 30.

The same applies to the Center4Life, which will resume on Monday, November 30. If you have any questions, call 472-5743.

The recreation center will also be closed for the holiday, resuming regular operating hours on Saturday, November 28. Call 472-0345 for more information.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services on Thanksgiving Day will be made one day later. Therefore, if normal pick-up is Thursday, November 26, waste will be picked up on Friday, November 27. If normal pick-up is Friday, November 27, waste will be collected on Saturday, November 28. The normal waste collection schedule will resume on Monday, November 30. If you have any questions, call Advanced Disposal at 334-1224.\*

## Techniques For Proper Beach Debris Removal

At this time, the City of Sanibel is experiencing moderate levels of red tide impacting a small portion of the island beaches and is monitoring conditions very closely.

Sanibel Public Works Department has been picking up debris along the public beaches as conditions warrant. Property owners and managers are authorized to remove dead fish from the beach along their respective properties. Anyone removing fish from the beach should adhere to the following guidelines:

- Only dead fish may be removed from the beach. This ensures that beach habitat for Sanibel's wildlife is protected during the cleanup process;
- Dead fish may only be removed by hand, using hand tools such as pitch forks or grabbers. The use of shovels and mechanical equipment is strictly prohibited;
- All fish should be double bagged and placed in an onsite Dumpster for disposal;
- If you have large fish, marine mammals or sea turtles that are too large to handle, contact the City of Sanibel Police Dispatch at 472-3111.
- No motorized vehicles are permitted on the beach and only those vehicles authorized by the Sanibel city manager may be used in cleanup activities.

For further information regarding this matter, contact the Natural Resources Department at 472-3700.\*

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



**START THE NEW YEAR ON ISLAND TIME.**

**SUNDIAL BEACH RESORT & SPA'S NEW YEAR'S EVE BASH WILL BE ONE TO REMEMBER.**

**Thursday, Dec. 31 7:00 p.m. - 12:30 a.m.**  
**Adults \$55 • Children 3-12 \$19 • Children under 3 Free**

Visit [sundialresort.com](http://sundialresort.com) for event details and dial 239-395-6017 for reservations.



**SUNDIAL**  
 BEACH RESORT & SPA  
 1451 Middle Gulf Drive, Sanibel Island



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\*THIS SALE IS VALID ON IN-STORE BOUTIQUE ITEMS AT THE SANIBEL ISLAND BOOKSHOP ONLY, INCLUDING CLOTHES, SHOES, JEWELRY, AND OTHER ACCESSORIES. SEE STORE MANAGER FOR MORE DETAILS. NOT VALID ON SPECIAL ORDERS OR PAST PURCHASES, AND NOT REDEEMABLE FOR CASH. OFFER VALID 11/27/15 IN STORE (OR BY PHONE ON IN-STORE MERCHANDISE) ONLY.

## Photo Contest To Celebrate Nature



Photo by 2014 photo contest winner France Paulson

RS Walsh Landscaping is holding its 2nd annual monthly photo contest that celebrates the beauty of Sanibel and Captiva. Each month, from December through April, individuals can submit photos displaying the beauty of nature for a chance to win a \$50 gift certificate to RS Walsh In The Garden – Sanibel’s retail garden center and outdoor showroom. Each month will feature a different theme and readers can submit up to five photos per month. The theme for December is butterflies and birds, and the deadline for submissions is Friday, December 11. Voting will take place until December 31.

“We started this contest last year and were amazed at what our local photographers captured,” said Robert Walsh, president of RS Walsh Landscaping. “Sanibel and Captiva islands have 15 miles of beaches, 50 kinds of fish, 230 varieties of birds and 250 different types of shells, and this contest celebrates the beauty around us and its importance in our lives.”

Submissions should include the photographer’s name, phone number, location of the photo and a short story behind the picture. Submissions can be sent via e-mail to [inthegarden@rswalsh.com](mailto:inthegarden@rswalsh.com). Finalists will be posted on RS Walsh’s Facebook page, website and displayed at RS Walsh In The Garden. Voters can visit In The Garden or the In The Garden page on Facebook to vote. Each month, the winning photo will appear in a local island newspaper.

The themes and deadlines for each month are:

- December: Butterflies & Birds, deadline December 11
- January: Beaches & Shells, deadline January 11
- February: Sunsets, deadline February 11
- March: Flowers & Fruit, deadline March 11
- April: Wildlife, deadline April 11.

For more information, call 395-5859 or visit [www.rswalsh.com](http://www.rswalsh.com).✱

## Master Gardener Lecture Series

The 75th Master Gardener Lecture Series will be held at the Sanibel Public Library on Thursday, December 3 beginning at 10 a.m.

The speaker will be Doug Caldwell, PhD. His topic will deal with the top insect and disease pests of palms and woody ornamentals using integrated pest management (IPM) approaches to protect our home landscapes without spraying.

Dr. Caldwell is an expert entomologist, an internationally certified arborist and director of the University of Florida extension for Collier County. He is a nationally recognized master horticulturist with 30 years experience and a prolific author and speaker with over 50 published papers over the past decade.

During his distinguished career, Dr.

Caldwell has appeared in hundreds of public programs, TV programs and newspaper articles. He has identified 11 new significant pests in Lee and Collier counties. He has generated more than 50 fact sheets to help local residents stay current on many issues.

Additionally, he has certified over 1,700 landscapers and 192 companies in the proper use of fertilizers, pesticides and proper pruning techniques. Over one third of his 30 different programs have also been conducted in Spanish to increase the number of Hispanic workers certified from 18 to 196.

Dr. Caldwell presents his programs with a sense of humor and high definition digital images. Take home material will be prepared.

The program is free and open to the public. The library is located at 770 Dunlop Road on Sanibel.✱

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SHELL  
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Sanibel Island, Florida

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**WE ARE CLOSED ON THANKSGIVING DAY**

From page 1

# Oyster Restoration



**Geoff Paine and Tommy Wiley helped fill 360 large buckets with shell material**

discharges have resulted in losses of oysters and seagrasses in the Caloosahatchee Estuary. The grant is being used to re-establish critical estuarine habitats of shellfish and submerged aquatic vegetation beds.

“There are a number of open water reefs we’re targeting, with virtually no animals left on them,” Milbrandt explained. “What this will do is allow the oyster larvae to attach to it and



**SCCF Marine Lab interns Emily Anderson and Chrissy McCrimmon hard at work**

grow along the reef. Once you get a few of them to attach that way, they begin to attach to each other.”

In addition to the sites in Tarpon Bay and San Carlos Bay, Bridenbaugh noted that professional contractors will haul some 700 tons of shell material into a section of Matlacha Pass near the mouth of the Caloosahatchee next week.

The Caloosahatchee was originally a shallow, meandering river, but over the past 120 years it has experienced extensive modifications in the interest of navigation, flood control and development. As a result, heavy rainfall

brings large influxes of freshwater and polluted stormwater runoff from both the watershed and releases from Lake Okeechobee. These events degrade water quality and the health of oysters and seagrasses in the estuary.

However in recent years, the DEP, the Southwest Florida Water Management District, the Department of Agriculture and Consumer Services and local governments are promoting or implementing best management practices, stormwater controls and other water quality restoration projects to bring the Caloosahatchee Estuary back to health.

Four Sanibel restaurants – including Timbers, Lazy Flamingo, Sanibel Fish House and Doc Ford’s – have joined forces to collect oyster shells for the Marine Lab project. A commercial operation out of Charlotte County provided the bulk of fossil shells furnished for the project.

The SCCF Marine Lab’s ongoing efforts – which began in April – will require a total of 20 to 25 oyster bagging and deployment events to complete the project, which Bridenbaugh hoped would be completed before the end of the year.

“We’re fortunate because we’ve had a ton of volunteers to show up and work with us on this effort,” she added. “We’ve moved over 100,000 pounds of shell since we started.”

Over the next few weeks, SCCF’s Marine Lab will continue their small-scale operation using staff and volunteers to shovel, bag and disperse shell material. Volunteers must be at least 18 years old, be able to lift 50 pounds and be prepared to work in extreme conditions (i.e. heat, rain, bending over, etc.). Visit <http://marinelab.sccf.org/signup/> and fill out the volunteer registration form.✪

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*Island Sun*  
Call 395-1213

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**THAT'S LIFE! A Toast To Sinatra**  
FRIDAY, DECEMBER 11, 8 PM | SCHEIN HALL

Come celebrate the music of Ol' Blue Eyes on the eve of his 100th birthday! **Lee Lessack, Brian Lane Green, and John Boswell**—shining stars of the international cabaret scene—perform the best of the Rat Pack in this groovy tribute.

**Brian Lane Green**      **Lee Lessack**      **John Boswell**

General: \$37 | Loge: \$42 | Student/Child: \$5  
Includes a champagne toast!

See a full listing of this season's programs at  
[www.BIGARTS.org](http://www.BIGARTS.org)  
239-395-0900 | 900 Dunlop Road | Sanibel, FL 33957



# Join us for **Luminary Night**

Friday, December 4<sup>th</sup>

- Santa will be celebrating with us from 5:30pm - 7:30pm, photos are free!
- Enjoy wine and food tastings and the Girl Scouts will be serving soda and hot dogs. *(Donations Welcome!)*
- Live sax music by local musician Ken Limeri



*Happy Holidays To All!*



# The Community House

## Community House Chat At The Taste Of The Islands

by Cathie Lewis, SCH Volunteer

In its 50-year history, The Community House has been the birthplace of practically every club and organization on the island. All elections had been held there including the historic referendum of November, 1974 which saw Sanibel Island become a city when its citizens chose incorporation. The next month, it hosted the election that named the first Sanibel City Council.

At the 50-year members' annual meeting, the new president, Richard Wilson, presented possible building plans. Surprisingly, many members present wanted to preserve the historic building.

Here are some quotes regarding what The Community House means to people:

- Brian Murty – CROW volunteer. Murty said that he never misses the Kiwanis Club's annual spaghetti dinner and that every time he walks into The Community House, it brings back the old time Sanibel feeling.

- Ann McDonnell, volunteer at The Community House tent, said that she attends the Democratic Club gatherings and potluck dinners. She feels that The Community house is The "central core for Sanibel" and is the place where "residents can get together." She also expressed her gratitude that The Community House is not moving to another location.

- Ken Burgener held his 30th birthday party (or was it his 60th?) at The Community House. Everyone had so much fun.

- Barbara Beran, incoming Zonta president, said that The Community House is a wonderful place to have a gathering and appreciates it being the location for the regular Zonta meetings.

She and her husband, Rick Shewring, also attend the many fairs and festivals held there.

- Robyn Moran considers The Community House the "island hub" and feels it to be a happy, clean place at a convenient location. In addition to the Zonta meetings, she enjoys attending the many other programs offered, in particular, the art show put on by the Human Trafficking Awareness Partnership.

- As an avid shell crafter, Leslie Anding has participated in the shell fair for 10+ years in addition to attending many classes and presentations. She referred to The Community House as the "heart of the community" and can't imagine having the shell festival anywhere else.

### Shell Crafters

Have you ever wondered what to do with all of those beautiful shells that you find? If you are interested in learning a new craft and meeting new people, join the Sanibel Shell Crafters. No experience is necessary; there are instructors and assistants available. The lessons are free, all materials are provided

but since the group is dependent on donations for the supply of shells, collections are welcome. You can make flowers, jewelry, animals and other creations out of shells and other sea life.

Every Monday from 10 a.m. to noon

(no classes in March), the Sanibel Shell Crafters instructors and assistants are at The Community House. Dessert and coffee are provided, but bring a brown-bag lunch if you choose, as the regulars meet until 3 p.m.



### JOIN THE COMMUNITY of GIVERS!

<http://sanibelcommunityhouse.net/renovation-campaign/>

- The historic referendum of November, 1974 which saw Sanibel Island become a City when its citizens chose incorporation happened at Your Community House
- Your Community House is staying where it has been since 1927! However, it needs your financial support to bring it up to today's standards



" Brian said, "I never miss the Kiwanis Club's annual spaghetti dinner and every time I walk into the Community House it brings back the old time Sanibel feeling"

BIG ARTS & STRAUSS THEATER PRODUCTIONS PRESENTS:

# Happy Holidays!

A MUSICAL CELEBRATION

## DECEMBER 18-31

See website for specific dates and times  
 Tickets: Adults \$35, Student/Child \$5  
 Box Office: 239-472-6862 or online [www.BIGARTS.org](http://www.BIGARTS.org)

*More Great Holiday Music...*

<b>BIG ARTS Community Chorus</b> Holiday Concert Friday, December 8, 7 pm Schein Hall General: \$10   Student/Child: Free	<b>BIG ARTS Concert Band</b> Holiday Concert Friday, December 18, 7 pm Schein Hall General: \$7   Student/Child: Free	<b>SWFL Symphony</b> Holiday Pops Sunday, December 20, 4 pm Schein Hall General: \$36   Student/Child: \$5
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"Superb dining, great sunset."  
 - Northpaw 42, TripAdvisor, October

New Florida cuisine served with spectacular Florida sunsets.  
 A top Captiva TripAdvisor restaurant.  
 Come, feast your eyes and your appetite tonight.

**CAPTIVA HOUSE**

Reservations Recommended  
 Walk-Ins Welcome  
 Live Piano Entertainment

All shell creations made by volunteers remain at The Community House to be sold to assist in the non-profit Community House operating budget. They are sold during the annual Shell Festival in March, and every Monday.

The Sanibel Shell Crafters have been meeting weekly since the late 1920s. The group was created in order to prepare for the annual March Shell Fair.

## Beading Classes

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea. Classes are kept small for one-on-one instruction. There is a minimum of three people and a maximum of 10 for these projects. Classes will be held on Wednesdays: November 25, December 2 and 16, January 20, February 3, March 23, April 6 and 20.

Anita Gober is the instructor. All supplies and tools are included in the price. If you typically wear reading glasses, you should bring them. The cost for each class is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members. You can see some of Gober's work at Pandora's Box in Tahitian Gardens.

## Free Energy Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda. All workshops are held and sponsored

by The Community House.

Workshops will be held on the following Wednesdays:

December 2, 6 to 8 p.m. Boost focus and memory with Energy Medicine tools.

January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.

February 3, 6 to 8 p.m. Pain over-riding your life? Loosen the congestion with Energy Medicine tools.

March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.

April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, EEM-AP, JD, a matrimonial lawyer for 30 plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com).

## Colorful Sips

The Community House is hosting evening art and wine parties with local artist Sissi Janku, who will encourage the artist within to complete a masterpiece. Member price is \$45, non-members are \$55. The Colorful Sips painting classes will be held on the following Wednesdays from 7 to 9 p.m.: December 2, December 16, January 6, January 20, February 3, February 17, March 16, April 6 and April 20.

No experience is necessary. All the

materials will be provided. Bring your favorite wine and a snack for sharing with fellow artists. This is a relaxed opportunity to create an original work of art.

For a detailed schedule of these and all other painting classes offered by Janku, visit [www.sissijanku.com](http://www.sissijanku.com). Her work is on display at Island Style Gallery. Call 472-2155 for reservations.

## Luminary Night

Join neighbors, friends and family for Luminary Night. A tradition on the islands of Sanibel and Captiva for over two decades, this time of year is a great way to celebrate the start of the holiday season. The Community House is a stop on this year's Luminary trail, which takes place Friday, December 4.

From 5:30 to 8:30 p.m., The Community House will host various crafters selling homemade items, woven and wire jewelry, soaps, handcrafted linens, glass creations, pottery, island art, homemade cards and flower prints and shell craft items.

There will also be an ugly sweater contest at 7 p.m. There will be popcorn, snacks and beverages by donation.

## Love Your iPhone/iPad

Phones and iPads are extraordinary devices that keep you connected to friends, family and the world. They can enrich your life in new and exciting ways but they can also be intimidating. This workshop is designed for the beginner wanting to master the basics.

The course covers set-up, navigation

and safe use. An extensive handout recaps the course for mastery to continue at home. Topics include techniques to improve efficiency, use of the Cloud, exploration of specific high value apps and how to fall in love with Siri. Cost is \$40 for members and \$45 for non-members.

Classes will be held from 9:30 to 11 a.m. with an hour allotted for questions until noon. Beginner's classes will take place on the following Thursdays: January 7, February 11 and April 7. The intermediate class will take place on the following Thursdays: December 3, January 28 and March 10. Students for these classes are asked to update their iPhone's operating system to the most recent iOS option prior to coming to the class.

Register by calling 472-2155 or on the website [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net).

## Call To Artists

The Community House is offering table space for rent to any local Sanibel crafters that might want to display and sell their crafts during Luminary. This year, the date is Friday, December 4. The rental fee is \$30. Limited table space is available; tables should be reserved prior to November 30. No shell crafts during this event, as the club will be selling them.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*



## CELEBRATE THE SEASON OVERLOOKING THE GULF

Join us for a bountiful Christmas Day buffet.

### SEATING TIMES & LOCATION

Dec 25<sup>th</sup> at 1 PM, 3 PM, 5 PM & 7 PM  
Sundial Beach Resort & Spa  
1451 Middle Gulf Drive  
Sanibel Island, FL 33957

### RESERVATIONS & PRICING

239-395-6017

Adults - \$45<sup>00</sup>

Children 3-12 - \$18<sup>00</sup>

Under 3 - Free

Tax + Gratuity Not Included in Pricing

(Reservations will be guaranteed with a credit card; 72 hour cancellation policy)

### MENU HIGHLIGHTS

Roasted Chestnut & Pumpkin Bisque  
Assorted Salads  
Dried Sausages, Salami, Sopressata, Mortadella and Cheeses  
Iced Oysters, Crab Legs, Shrimp & Marinated Mussels  
Winter Spice Rubbed Turkey  
Honey Dijon Glazed Ham  
Salt Crusted Prime Rib of Beef  
Molasses Mopped Pork Tenderloin  
Pan Flashed Alaskan Wild Caught Salmon  
Traditional Accompaniments  
Desserts

STRAUSS THEATER PRODUCTIONS PRESENTS:

Kathy Brier

Jeanette Fitzpatrick

# DUETS

## THROUGH DECEMBER 3

7:30 shows: Nov. 27, 30; Dec. 1, 2, 3  
Matinee: 4 pm on Sunday, Nov. 29  
Box Office: 239-472-6862 or online [www.BIGARTS.org](http://www.BIGARTS.org)

Broadway stars Kathy Brier and Jeanette Fitzpatrick single out a selection of the biggest duets in this original revue!

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Visit [www.sundialresort.com](http://www.sundialresort.com) to view our complete menu.



1451 Middle Gulf Drive  
Sanibel Island, FL 33957

Monday Night Movie

*Felix And Meira*

by Di Saggau



The BIG ARTS Monday Night Movie for November 30 is "Felix and Meira," a Canadian film about a tempted Hasidic wife. Meira (Hadas Yaron) falls for the quirky charms of a way-

ward older man and breaks free from her Hasidic faith to pursue forbidden love. Felix (Martin Dubreuil) is a middle-

aged atheist, a flirtatious prodigal son without family ties. Set in the Mile End district of Montreal, the film presents the pair's slow, circling courtship as a dance of incremental intimacy. Meira is a time bomb in an unflattering wig and frumpy dresses. There are small advances of seduction found in a gaze or when Felix finally gets the chance to remove her wig. Their tender romance unfolds like an episode from another century.

Meira lives in a state of quiet unhappiness, her world confined to the few blocks of her neighborhood. Trudging the sidewalks with her infant daughter, she isn't like the other Orthodox wives, who see it as their duty to bear their husbands as many children as possible.

Instead, she hides her birth-control pills and sings along to a forbidden record when she has the house to herself.

Meira isn't looking to cheat on her husband, but she is looking for something more than her limited existence can offer. Before meeting, Felix and Meira appear virtually dead within their respective routines, but in one another's company, they spark to life. Her husband Shulem (Luzer Twersky) is shown not as an unfeeling man but as a loving, observant husband who, though frustrated by having to apologize for his wife's behavior, secretly cherishes the qualities about her which refuse to be tamed.

The film's look, which is clearly a reflection of the characters' emotional



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state as much as the reality of the Montreal climate, is key in making it believable that the protagonists would finally be seduced by what little human warmth they can find in their apparently inhospitable worlds. Running time is 105 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.\*

**American Legion Post 123**

On Sunday, November 29, American Legion Post 123 will serve a meatloaf dinner from 1 to 8 p.m.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

Legion hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.\*

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rainbolt@crowclinic.org](mailto:rainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Monday, November 30 and Tuesday, December 1, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Wednesday, December 2, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

**Thursday, December 3, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

**Friday, December 4, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation

process. Ask the staff how they work their magic.

**Friday, December 4, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. There is a photography opportunity available following the tour with an animal ambassador.\*

From page 3

## Training Docents

"We are extremely grateful to people who are willing to volunteer their time to help the historical village," said Museum Manager Emilie Alfino. "Everyone is very busy these days, and I hope our docents find their time here to be enjoyable and perhaps even a bit of a respite and change of pace from their daily lives, so different in 2015 from the time people were living and working in these buildings."

More docents are always needed at the historical village – no prior experi-

ence or historical knowledge required. To explore the possibilities, call Alfino at 472-4648.

The Sanibel Historical Museum and Village's mission is to preserve, share, and celebrate the historical heritage of Sanibel for the educational benefit of Sanibel residents and visitors. The village is open Tuesday through Saturday from 10 a.m. until 4 p.m. It operates as a nonprofit organization and is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; members are admitted free. For more information, call 472-4648 or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).\*

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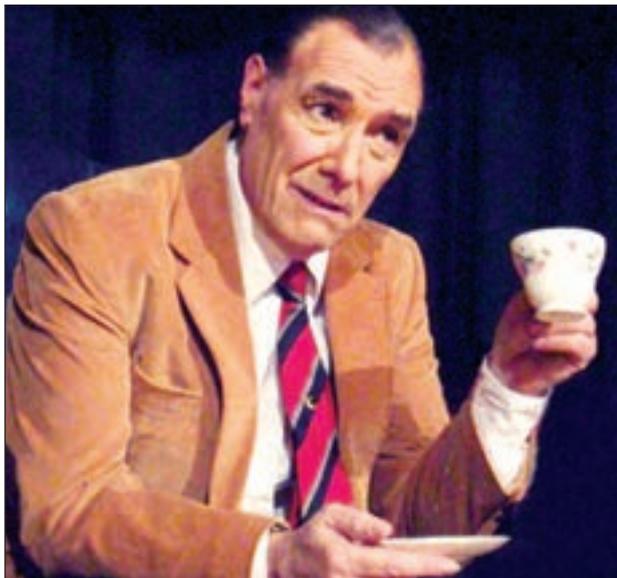
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## Season Of Praise Concert At Shell Point Village Church

The Village Church at Shell Point has announced the lineup for its 2015-16 Season of Praise Concert Series, an annual collection of sacred music and inspirational worship celebrations.

Five performances will bring a mix of singers, actors, solo and ensemble instrumentalists, pianists, organists, a brass band and a choir to the newly-renovated Village Church stage at Shell Point. The artist roster and dates are as follows:

- Christmas with CS Lewis – Sunday, December 6 at 6:15 p.m. British actor David Payne will bring novelist CS Lewis to life in this 90-minute, one-man Christmas drama



British actor David Payne will bring novelist C.S. Lewis to life in a 90-minute, one-man Christmas drama

photos courtesy of Shell Point

drama that follows the life and beliefs of this *Chronicles of Narnia* author.

- Tim Zimmerman & The King's Brass – Sunday, January 10 at 6:15 p.m. The King's Brass adds contemporary flair to classic hymns by uniting three trumpets, three trombones, a tuba, percussion and keyboard for a full, rich sound.

- Indiana Wesleyan University Concert Choir – Wednesday, March 9 at 7:15 p.m. This competitive choir combines youthful energy with sacred favorites at the highest level of performance and chorale ministry.

- Rachel Park, pianist – Easter Sunday, March 27 at 6:15 p.m. International pianist Rachel Park, of The King's Brass, returns to celebrate Easter Sunday with a



The King's Brass adds contemporary flair to classic hymns during their performance

variety of sacred piano songs.

- Tenore, Men's Trio – Sunday, April 17 at 6:15 p.m. Award-winning men's trio Tenore will engage audiences with powerhouse vocals, creating a memorable concert experience.

All concerts require the purchase of a non-refundable \$10 ticket. Additional information

mation about each performance, as well as ticket purchase, is available at [www.shellpoint.org/seasonofpraise](http://www.shellpoint.org/seasonofpraise) or by calling the Village Church office at 454-2147.

"Inspirational concerts and worship celebrations are an integral part of the ongoing ministry of The Village Church," said Randy Woods, minister of Worship and Music. "It is a joy for us to partner and present guest performers who encourage and inspire us with the artistic expressions of their faith."

The Village Church is a ministry of The Christian and Missionary Alliance and has served Shell Point residents and the Southwest Florida community since 1972. Located on The Island at Shell Point, the facility has the capacity to seat up to 1,000 people. The Village Church hosts roughly 200 community-wide events each year, including its signature Season of Praise concert series, and its auditorium welcomes a congregation of approximately 500 each Sunday at 10:15 a.m. ✪

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Alison Conger

## New Manager At Nature Store

Alison Conger believes she is living her late grandfather's legacy as she steps into the role of nature store manager at JN "Ding" Darling National Wildlife Refuge's Visitor & Education Center. "His name was Howard Hendricks, and he volunteered here," Conger said. "He used to carry around a puppet named Pelican Pete to introduce to the children and other visitors."

Conger takes over the position vacated upon the recent retirement of Lise Bryant, who managed the store for nearly 15 years.

"Lise made a true impact on the support the society was able to provide the refuge and the impact this work has had on the millions of visitors and future conservation stewards over the last 14-plus years," said DDWS Executive Director Birgie Miller. "We warmly welcome Alison, with all her vitality and past experience in retail, to the position."

"I have big shoes to fill, but my feet are nine-and-a-halves, so I think I'm up to it," Conger joked. "It feels like home already after only one week. Being in retail a long time, I know when a job's a good fit."

Conger, a Fort Myers resident for 18 years, worked at the original Chico's on Periwinkle Way on Sanibel Island and later managed Jennifer's clothing store in Fort Myers. A 1997 graduate from Mariner High School in Cape Coral, she is one of four family generations living here, including her 15-year-old son, Noah.

"Lise has done a great job of evolving what started as a bookstore to what it is today," says Conger. "I hope to bring in some fresh, new ideas. I love carrying goods made on the islands that you can't get anywhere else."

She expressed excitement for the upcoming Happy Hour Holiday Shopping event on December 3 at 4:30 p.m. "I'm looking forward to capturing that crowd who can't get here during our normal daytime hours." ❄️

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## Shell Found



Gina and Bill Hughes

Gina and Bill Hughes from Alliance, Ohio found a junonia in Blind Pass while staying at Little Palm Cottage to Castle. They said they found it rolling up in the waves and ran to get it.✱

## Island Cotillion Kicks-Off 30th Dance Season

On Wednesday, December 2, The Island Cotillion will conduct its Ring In The Holidays Dance at The Sanctuary Golf Club to kick-off its 30th dance season. The formal dance will be hosted by Judy and Tom Addison, Kerry and Joe Salatino, and Gail and Phil Pilibosian.

After a sumptuous dinner, the entertainment will be provided by Cahlua & Cream. The show will feature music from such artists as Diana Ross, Petula Clark, Tina Turner and Whitney Houston as well as hits from the Broadway stage.

The next dance of the season will be the Cotillion's annual Valentine's Day Dance, to be held on February 10 at The Sanctuary Golf Club, with entertainment being provided by the White House Band.

The Island Cotillion was founded in 1986 for the purpose of organizing and supporting several formal and informal dinner dances. Persons desiring more information about membership are encouraged to contact either Andrea Gainer at 395-3184 or Julie Boyd at 395-0464.✱

## TeenSpace At Sanibel Library Sports MacBooks

submitted by Maureen Tesoro, Sanibel Public Library

Something is new in the TeenSpace area at the Sanibel Public Library. Two new MacBook Air laptops are available for use in the library. Everything is ultrafast on the MacBook Air, from editing photos to browsing the web. The fast processing speed is especially noticeable with graphics-intensive tasks.

Joanne Wessels, the library's technology manager said, "Apple's MacBook Air is a great little workstation. Its Intel HD graphics are exceptional." Both workstations come loaded with iPhoto to organize and edit photos, iMovie to organize film clips or trailers, GarageBand to learn how to play an instrument and/or record, mix, and share, as well as Pages, Numbers, and Keynotes, for word processing, spreadsheets, and making presentations.

"Between these software apps and the ability to search the Internet on our 50 Mbps network, Sanibel teens can be creative and productive," Wessels added.

Sanibel Public Library Foundation's Joan Hunt Cory Fund originally partnered with the library to support the TeenSpace and TeenSpace Tech Lab in 2011. Teens and 'tweens have their own area for



The library's new MacBook Air laptops are popular with teens

homework, school projects, research, socializing and reading.

The foundation continues its commitment to youth and teen services at the library, according to Foundation President Ken Nirenberg, with the recent addition of upgraded Early Literacy Stations as well as a Makerspace / FabLab. The foundation also provides resources for basic computer programming and robotics to support STEM initiatives in education.

For more information about the Sanibel Public Library, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).✱

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## Plant Smart

## Starry Rosinweed

by Gerri Reaves

Showy starry rosinweed (*Silphium asteriscus*) is a perennial wildflower native to the pine flatwoods of Florida. It is also found in habitats such as moist roadsides and open woodlands.

It is one of only two Florida native wildflowers in the genus *Silphium*, or rosinweed. The other, kidneyleaf rosinweed (*Silphium compositum*), grows in more northern counties.

This member of the aster family has bright yellow ray flowers and green to yellow disk flowers at the center. In South Florida, it blooms almost year round.

The nectar in the daisy-like flowers attracts many pollinators, so it's an excellent plant for a butterfly or wild garden, where the vivid yellow contrasts with other natives like gaillardia or milkweed.

This plant is hardy and low-maintenance. Once it establishes a good root system, it will grow fairly fast and produce plenty of blooms.

It reaches three to five feet tall, forming semi-woody stems. The dark-green leaves are coarse textured with toothed edges.

Give it well-drained soil in full sun to partial shade.

Deep roots and rhizomes, root-like horizontal stems beneath the soil, help to make it drought tolerant, but it is not very salt tolerant.



Native starry rosinweed is a good low-maintenance choice for a butterfly garden

photo by Gerri Reaves

The only maintenance required is occasional cutting back and/or removing old stems and flowers.

It readily self-seeds and spreads via the rhizomes.

Propagate it with seeds collected from dry flowerheads or obtain cuttings from the rhizomes.

Sources: *A Gardener's Guide To Florida's Native Plants* by Rufino Osorio, floridawildflowerfoundation.blogspot.com and fnps.org.

*Plant Smart* explores the diverse flora of South Florida.✧

From page 1

## Strauss Musical

felt during the show. Each tells us a little bit about themselves. For example, Brier won a Grammy award for her performance on the *Boardwalk Empire* soundtrack. She played Sophie Tucker in the series and we get to hear her belt out one of Sophie's signature songs, *Some of These Days*.

Fitzpatrick was celebrating her 6th wedding anniversary on opening night and she sang a beautiful rendition of *At Last*, dedicating it to her husband who was in the audience. Her bio is also impressive. These gals put their hearts and souls into the songs and the result is a real crowd pleaser. Accompanying everyone on the piano is Jamie Hardesty, who definitely knows how to tickle the ivories.

Having Logue in the show is a big plus with his wonderful stage presence as he sings along with the gals and also does a few solos. You'll hear *Til There Was You*, *Fly Me To The Moon*, *Always*, *Put On a Happy Face*, *Ain't No Mountain High Enough*, and so many more memorable tunes. A standout song for me was a duet between Brier and Fitzpatrick from a Broadway show called *Sideshow*. It wasn't a Broadway sensation but contained lovely songs, one of them being *Who Will Love Me As I Am*, which they sang together beautifully.

*Duets* runs through December 3 at the Strauss Theater, 2200 Periwinkle Way on Sanibel. Tickets are available at the box office by calling 472-6862 or online at ww-wbigarts.org. Cabaret seating is also available, and ticket holders can enjoy concessions in the lovely tropical Presidents Garden located outside, starting at 6 p.m. before each show. For more information, contact info@bigarts.org or call 395-0900.✧

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## A Toast To Sinatra At BIG ARTS



Lee Lessack

by Di Saggau

On Friday, December 11 in Schein Hall at BIG ARTS, the audience will celebrate the music of Ol' Blue Eyes on the eve of his 100th birthday.

Lee Lessack, shining star of the international cabaret scene, performs the best of the Rat Pack in this tribute *That's Life! A Toast to Sinatra*. Lessack is back

by popular demand with his "3 Men and a Baby Grand" featuring Brian Lane Green, John Boswell and himself.

Lessack told me that selecting which songs to perform was not an easy task. He said, "Sinatra not only had many hits but also covered just about every song in the Great America Songbook at one point or another. We tried to select some of his most famous and also some tunes that folks might be surprised that he actually recorded."

As to his favorites, Lessack said, "I love *My Way*, *It Was a Very Good Year*, and *Night and Day*. Sinatra's commitment to the lyrics really changed popular music in general, and so I love the songs that he performed that were like three-act plays. The visual that is created is quite magical. I think it was his attention to lyrics that speaks to generation after generation. I also think that as tough as he was, there is an unmistakable vulnerability in his performances that make them timeless."

Since he last appeared at BIG ARTS, Lessack has been busy with tours, new concerts and a concert debut in Paris, which he said was quite exciting. As to what he hopes the audience experiences during the *Toast to Sinatra* tribute, he said, "Everyone has a personal connection to Sinatra's music, and I just hope that we can rekindle some really special moments and memories as we take a walk down melody lane."

*That's Life! A Toast to Sinatra* takes place Friday, December 11 at 8 p.m. in Schein Hall. It is sponsored

by The Island Law Office of Janet M. Strickland. The audience will share in a Champagne toast to the all-time great crooner. Tickets are \$37 for general admission, \$42 for loge seating and \$5

for student or child. Tickets are available at BIG ARTS. Call 395-0900, visit [www.bigarts.org](http://www.bigarts.org) or stop by the office at 900 Dunlop Road on Sanibel. ✨

## Designer Charles Krypek Makes Special Visit To Lily & Co. Jewelers

Jewelry designer Charles Krypek is making a special visit to Lily & Co. Jewelers for a two-day holiday show. It starts with a cocktail party from 5 to 9 p.m. Saturday, November 28. An open house, from noon to 5 p.m. Sunday, concludes the weekend.

"Charles is a genuine people-person," say Lily & Co. owners Dan Schuyler and Karen Bell. "He loves to meet collectors or those who admire impeccable pieces of jewelry. When you meet him, you will love the man and his jewelry."

Krypek was a sculptor before becoming an internationally known jewelry designer. He has seamlessly woven the two crafts together and creates exquisite pieces destined to touch the heart of those who wear it. His ability to connect with the human spirit through his designs comes from more than three decades of hand crafting timeless jewelry for the sophisticated wearer.

"I design jewelry with the modern woman in mind," says Krypek. "You have passion, you have style and wearing my jewelry will blend flawlessly with both."

Krypek's latest Eve Collection is chic, charming and sophisticated. "This collection is ideal for a night on the island and sure to make you feel every bit as bold as you look," he says.

His new Skye Collection shows versatility meeting glamor. Brighten up your day and dazzle into the night with the electric energy of turquoise and the pure elegance of hematite. The new Aspen Collection is delicate design and exceptional craftsmanship coming together to bloom in captivating color – green or purple amethysts or blue topaz.

"My new collections will mix and match, layer and stack, and balance off my previous collections in a perfectly paired manner," says Krypek. ✨

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# Good News For Sanibel Condos

submitted by Sonja Smith Sutor, executive director, CASI (Condominium Associations of Sanibel, Inc.)

**P**amela Johnson, deputy director of the Lee County Visitor and Convention Bureau, told a group of nearly 90 Sanibel condominium board members and managers about a recent VCB study, the Highland Report, that quantifies the effects of renovation on rental and sales revenue for condominiums. The goal of the study was to help property owners increase rental and sales revenue. The findings were presented at a CASI (Condominium Associations of Sanibel, Inc.) meeting on October 18 at The Sanctuary.

A video by industry professional Peggy Berg of the Highlands Group reported that the current situation of repeat visitors to the island is beginning to peak out. New millennial visitors have different expectations for accommodations. They do not visit the same destination year after year. Chain accommodation providers are renovating to capture this new market. Independent providers, both in the hotel industry and condominiums, are not generally aware of the coming changes and therefore risk losing their share of this coming market.

Properties on Sanibel have low density and a beach location that most travelers find immensely appealing. Renovating these properties, many of which date to



**Carmine Rende, president of Sundial East; Dru Doyle, Ocean's Reach board; and Ted Buecker, president of Sundial West**



**CASI President Linda Naton with Kassie Witt and Robert Randell of Pointe Santo**



**Jim Winn, new CASI board member, with John Newton, president of The Atrium**



**Pamela Johnson, center, deputy director of the Lee County Visitor & Convention Bureau with Shelby Peters, left, and Barb Harrington, right, of Hillgate Communications**



**Deborah Chase of Norris Home Furnishings/Sanibel with Sundial West board member Candy Harris**



**Ali Poole, Insurance Services; Kari Cordisco, assistant manager of Sanibel Moorings; and Julie Smith, manager of Sanibel Siesta**

the 1970s and 1980s, has been done successfully and proves to attract a desirable segment of travelers.

The Highland Report found that a wise investment of \$30,000 in a rental unit yields an average increase in annual rental revenue of \$16,627, meaning the investment can be recouped, on average, in two years. This scale of investment can increase the sales value \$160,000 to \$200,000. Realtors and rental agents at

the meeting agreed with these figures.

Deborah Chase of Norris Home Furnishings/Sanibel told of new rental-friendly fabrics and furnishings that hold up to beach conditions and are within this budget. Product guarantees make such an investment low risk. For this market, Norris features products made in Florida and work by Sanibel artists to capture the island ambiance.

A case study is Ocean's Reach. The property was so badly damaged during Hurricane Charley that repairing the units meant taking them down to the studs.

Repairs closed the property for a year and a half, after which a new guest clientele had to be built. Nonetheless, Ocean's Reach rental revenue has increased 100 percent since reopening.

After renovations, Ocean's Reach owners were surprised at the dramatic increase in rental revenue. They were interested in maintaining this high rate

continued on page 38

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## WONDERFUL LOCATION IN THE DUNES!



Sweeping lake and golf course views from this lovely home. Located on Kittiwake Drive in the Dunes on Sanibel, a very private street, this lovely 3 bedroom, 2 bath plus den home with volume ceilings, wood floors, newly remodeled and raised pool and jacuzzi offers beautiful lake views.

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From Ocean's Reach: Dina Craig, marketing; John Warren, president and Andy Boyle, general manager

From page 36

## Sanibel Condos

of return. Ocean's Reach board member Dru Doyle explained the process. During the annual meeting weekend several years ago, 50 of the 64 Ocean's Reach owners sat in on conversations with experts predicting the future of



Elmer Brown, president of Sanibel Arms West with Sherri Rozzi of Norris Home Furnishings

tourism, condominiums and real estate on the island. From that start, owners voted to hire consultants and contractors to propose a way forward for both common areas and units. As suggestions from the experts were received, owners



From Colony Inn: Andrew Jacob, president; and Betsy Dekker, manager

were involved in concept and funding decisions. In the past few areas, "nesting areas" have been created to give guests comfortable places to enjoy amenities throughout the property. Most recently, the welcome center has been totally



From Loggerhead Cay: Phil Pilobosian, board member; and Sharon Murphy, president

changed. Ocean's Reach recognizes this is an ongoing process that will involve continuing innovation with active participation by owners, management and maintenance.

The VCB hired Hillgate Communications of Sanibel to present details of the Highland Study to Sanibel condominium and homeowner annual board meetings, as well as business meetings on the island. Associations interested in this presentation for their meetings may contact Barb Harrington at Hillgate at 472-3400. The Highland Report is available on line at [www/leevcb.com/HighlandReport](http://www/leevcb.com/HighlandReport).\*

## HORTOONS



From Tennisplace: Irene Schaaf, left; with Lee Schaaf, president; and Ellen Lai from BB&T

## Shell Point Gift Shop Sale

Savvy shoppers are invited to a Gift Shop Extravaganza sale, held at the Gift Shop and Social Center on The Island at Shell Point, on Tuesday, December 1 from 10 a.m. to 1 p.m.

Purchase holiday-themed décor and novelty gifts, and receive complimentary gift wrapping during this one-day shopping event. Crafting demonstrations will be offered by Shell Point residents, and guests will have the chance to win hourly door prizes and enjoy light refreshments.

"The items for sale span the creative continuum from woodworking to published books," said Melody Desilets, Shell Point volunteer coordinator. "A great deal of time and dedication goes into each piece, and many of the items are created in our resident woodshop, pottery, stained glass, lapidary and painting studios."

All items in the Shell Point Gift Shop, located at 15040 Shell Point Boulevard in Fort Myers, are created or enhanced by residents, and may be purchased for cash or check only. For more information, call 454-2290.\*

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Not-For-Monday-Night Series

# Citizen Four



by Hyde Tucker

**C**itizen Four is the Not For Monday Night movie to be shown Wednesday, December 2 at the Island Cinema at 12:30 p.m. The documentary by Laura Poitras on whistle blower

Edward Snowden is a real-life thriller that hits you like a slap in the face. The film marshals the hard truth about what happened and bears cinematic witness to history with the actual participants. It lets us see Snowden, then 29, meeting in 2013 with Poitras, journalist Glenn Greenwald and U.K. intelligence reporter Ewen MacAskill over eight days in a Hong Kong hotel room. Snowden, charged with violating the Espionage Act, owns up to his personal responsibility. His argument is that the public has a moral right to know the widespread extent to which the government, cloaked in the defense of monitoring global terrorism, is spying on its

citizens, right down to each email and Google search. *Citizenfour* leaves you reeling. That's its intention. It's a wow of a thriller. There will be a discussion following the film. The Not For Monday Night series shows edgy, innovative, offbeat, trailblazing and provocative films. They are all shown on Wednesdays at 12:30 p.m. at the Island Cinema. Others films to be shown are *Still Alice* and *Mommy*. Tickets are \$5 for members of BIG ARTS and \$6 for non-members. and are available at the cinema, located in Bailey's Shopping Center, and at BIG ARTS.\*

## Syna Jewelry Preview At Congress Store

**A** personal appearance and limited jewelry designs from Syna Jewelry will be showcased at Congress Jewelers, Periwinkle Place Shopping Center, on Friday December 4 and Saturday December 5, Scot Congress first met the designing couple at the Couture Jewelry show over ten years ago and was impressed with their quality and designs.

"The contemporary colored stone jewelry is unique within our industry and the clean lines drew me immediately to the line," said Congress. The name Syna simply means together, the philosophy of Dharmesh and Namrata who brought their talents together to form the jewelry design company in 2003. The husband and wife team base the company on their personal values. "The idea behind the name is our desire to partner with people, be it our clients, vendors, jewelers or employees. We believe people can achieve great things by respecting each other and pooling their talents and resources," they say. Syna Jewelry is made in 18K gold and features bold polished large gemstones in necklaces, earrings, bracelets and rings. The Bauble collection is inspired by finding large clean gemstones and polishing them, leaving the beauty of nature. Within the collection are pieces using stones such as turquoise, moonstone, lemon quartz and rainbow shades of chalcidony. "We wanted to introduce the Syna brand to many of our clients and friends who join us during the Luminary celebration, and continue the personal appearance into Saturday," said Melissa Congress of the upcoming preview.\*

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

**Home**  
submitted by Kyle Sweet  
Green Grass and Sunshine  
Soil and Shell Beneath Me,  
Wind and Rain  
Machines Pass, Onlookers Close,  
With Broken Wing I Run  
I'm Protected, I'm Recognized,  
I'm Cherished Here, I'm Mother,  
I'm Protector  
Hatched They Run,  
On Green Grass and Sunshine,  
Young Delicate, Exposed, Dependent,  
Remarkable  
Safe, Cherished, Will Return  
Home

Kyle is the Golf Course Superintendent at The Sanctuary Golf Club and a hobbyist photographer and writer who has spent the past 23 years enjoying Sanibel sunsets and sunrises with family and friends.\*

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## Shell Museum Holds 20th Anniversary Party



At last week's 20th anniversary celebration for The Bailey Matthews National Shell Museum are, from left, S. Peter Dance, Dorrie Hipschman, Harold "Smoky" Payson and Jose H. Leal photos by Jeff Lysiak

by Jeff Lysiak

Last week, The Bailey Matthews National Shell Museum on Sanibel held a party for sponsors, supporters and special guests on the exact date – November 18 – the world-class facility opened 20 years earlier.



A group of volunteers who have been with the shell museum since it opened includes, clockwise from top left, Ethel Sinow, Barbara Hansen, Joyce Matthys, Dottie DeVasure and Anna Marie Nyquist

The two-hour celebration featured displays including construction photos of the building, images of founding members and early supporters of the museum, as well as stories shared by shell expert and author S. Peter Dance, who traveled from the United

continued on page 20B



Jonatha Castle and Sherri Hughes pose for a photo with Ronald McDonald

## Sanibel Fundraiser Will Bring Second Ronald McDonald Care Mobile To Southwest Florida

On Saturday, January 16, The Dunes Golf & Tennis Club will host Robbie's Run to benefit the Ronald McDonald Care Mobile, a program of Ronald McDonald House Charities (RMHC) of Southwest Florida. Proceeds from the event will help to fund a mobile pediatric office that travels to schools, community

centers and neighborhoods to deliver dental care and medical screenings to thousands of underserved children.

Grampy's Charities directors and Sanibel residents Bob Risch and Jim Castle have been working with RMHC on a proposal to bring a second Ronald McDonald Care Mobile to Lee, Charlotte, Glades and Hendry counties. "The program has been extremely successful in Collier County for the past 11 years; we would like to see it benefit even more underserved children in the surrounding counties," said Risch. Castle added, "Grampy's is absolutely committed to this project and contributing \$500,000 to help RMHC with the funding of the program. We're anticipating delivery of the unit by June of 2016."



Nancy Risch and Steve Greenstein

To participate in Robbie's Run, visit [rmhcswfl.org](http://rmhcswfl.org) or [Grampys.org](http://Grampys.org) for details and start collecting pledges. A special After Party with dinner provided by Prawnbroker Restaurant Group is planned for all participants who collect \$500 or more in pledges and donations. A new partner for the 2016 Robbie's Run, Prawnbroker Restaurant Group, includes five different restaurants on each coast of Florida with Matzaluna, The

continued on page 21B

# Trust Company Hosts Fall Market Outlook



Robin L. Cook, executive vice president



Richard E. Pyle, CFA, president, with guest



S. Albert D. Hanser, founder and chairman, with guest Lex Roulston

The Sanibel Captiva Trust Company hosted its annual Fall Outlook event at The Sanctuary Golf Club last week. S. Albert D. Hanser, founder and chairman, opened the gathering by welcoming 80 clients and friends back for the season.

The presentation entitled Yes, It Really is a Global Economy, focused on the current economic landscape and how investors can assess and manage through corrections and recessions. In addition, attendees learned why the company's investment strategy works to mitigate negative effects and opens up buying

opportunities.

Several questions addressed investment opportunities in real estate and energy and how the political climate may affect the market.

Presenters and Q & A panelists included: Richard E. Pyle, CFA, president; Craig J. Holston, chief investment officer; Timothy P. Vick, senior portfolio manager; and Ian N. Breusch, portfolio manager. ☆



Joel Johnson, investment technology associate; Ian N. Breusch, CFA, vice president, portfolio manager; Terence M. Igo, chief executive officer; Craig J. Holston, chief investment officer; and Timothy P. Vick, senior vice president, senior portfolio manager

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The Sanibel Captiva Trust Company executive vice president Steve Greenstein, Mack McKinzie, Joel Johnson, Frances Steger and Phyllis Gibson with CHR's Melissa Rice and Arlene Dillon

## Trust Company Named Platinum Sponsor For CHR's Mardi Gras

Community Housing and Resources (CHR) welcomes The Sanibel Captiva Trust Company as a platinum level sponsor for CHR's Mardi Gras fundraiser on Saturday, February 6 on Sanibel Island.

"The Sanibel Captiva Trust Company is proud to support and sponsor CHR's signature fundraiser this year," said Al Hanser, founder and chairman of The Sanibel Captiva Trust Company. "We look forward to the Mardi Gras and helping CHR make a difference in the lives of so many in our community."

The Sanibel Captiva Trust Company will raise additional funds during the event by participating in the Swim For The Beads race as the "Green Team." Revelers at Mardi Gras can buy green beads to support the team and add tickets to the Green Team's raffle bucket. If the Sanibel Captiva Trust Company wins the race, big raffle prizes will be drawn from the green team's bucket.

This year's Mardi Gras will also feature a stroll down "Bourbon Street" where attendees will enjoy live music, food and some fun surprises, including the chance to help CHR renovate one of their rental units via the Give To Give table.

"This is the fourth CHR Mardi Gras but promises to be the best one yet," said Mardi Gras co-chairperson Melissa Rice. "Our goal is to have a ton of fun while we raise much needed funds to help renovate many of our units. Your support will benefit not only CHR residents but all the residents living on Sanibel. Thank you!"

The Sanibel Captiva Trust Company joins a growing list of sponsors, including event Premier Sponsor, The Sanibel Catering Company by Bailey's, and event Presenting Sponsor, Sanibel Captiva Community Bank. Proceeds for the event support CHR's mission of providing affordable housing on Sanibel. All donations to CHR are tax deductible. For additional sponsorship information, call Arlene Dillon at 472-4932 or Melissa Rice at 398-0404, or visit SanibelCHR.org/Mardi-Gras-2016.

Community Housing and Resources, Inc. (CHR) is a 501(c)(3) nonprofit organization that is dedicated to providing affordable housing for families and individuals who work full-time on Sanibel and for long-time retired or disabled residents of Sanibel. For more information about CHR, visit SanibelCHR.org or call 472-1189.\*

## Sanibel Math Team Participates In Lee County Math Competition



Front from left, Caroline Holtz, Anna Willis, Kira Zautcke, Osa Nuenlist and Michael Kleinow. Back from left, Diane Cortese, Peyton Yelenich, Daisy Arensman, Ben Arensman and Savannah Nippa.



Front from left, Anna Willis, Kira Zautcke, Carley Ross; 2nd row: Alayna Aracri, Michael Kleinow, Osa Neunlist, Caroline Holtz and Caitlin Ross. Back from left, Barbara Von Harten, Diane Cortese, Ben Arensman, Savannah Nippa, Peyton Yelenich and Daisy Arensman.

The Sanibel Math Team participated in the Lee County Math competition on November 14 at Dunbar High School in Fort Myers.

The team placed fourth out of 18 schools. Anna Willis placed first in both the sixth grade level and Number Theory subject test.

Caroline Holtz placed third in the seventh grade level test while seventh grader Kira Zautcke was awarded fifth place in the Pre-Algebra subject test.\*

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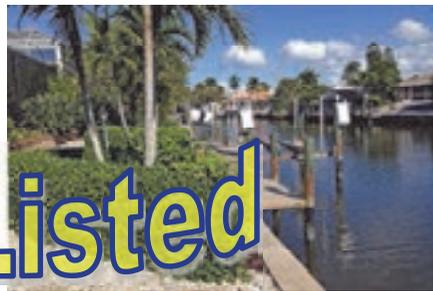
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# START Launches Bring Your Own Bag Campaign

by Jeff Lysiak

As island residents and visitors celebrate the Thanksgiving holiday this week, the Sanibel-Captiva chapter of Solutions To Avoid Red Tide (START) launched a new campaign to reduce the use of disposable plastic bags on our islands and educate locals and visitors about the harm plastic bags cause to our environment.

Each year, more than 100 billion disposable plastic bags are used in the United States, so it is no surprise that they are one of the most common trash items collected on beaches worldwide. Rarely recyclable, they can take 1,000 years or more to decompose, and they are harmful to wildlife. Sea turtles confuse them with jellyfish and suffer from digestive trauma, and countless other animals become entangled in them or mistake them for food.

Luckily, the solution to this problem is simple – bringing your own reusable bag when you shop eliminates the need for disposable plastic bags.

“As residents of Sanibel, we pride ourselves on being a conservation-minded community,” said Ben Biery, coordinator of START. “One of the easiest ways to participate in taking care of our island’s nature is to always carry a reusable bag.”



Spencer Richardson, marine science educator at Sanibel Sea School, models the BYOB bag

START aims to purchase and distribute thousands of reusable shopping bags to locals and visitors in the coming months, with help from various island

shops, accommodations and organizations. To kick off the campaign, canvas bags – branded with the Bring Your Own Bag (BYOB) logo, as well as a list of surprising facts about disposable bag use – will be handed out for free at island grocery stores on November 25, while supplies last.

“We think it’s the perfect one-step approach to educate people and give them the tools they need to act,” added Biery, “We invite everyone to come out, pick up a bag, get educated and get green!”

The BYOB initiative has been embraced by several business owners on the island, including Richard and Mead Johnson, owners of Bailey’s General Store. “Bailey’s is proud to be working with the START organization on their upcoming Bring Your Own Bag campaign,” they said. “The Bailey’s family has been a proponent of a sustainable environment for years. The BYOB effort is yet another example of how businesses, environmentalists and our community benefit from this relationship.”

“START would like to try to help Sanibel become more sustainable by providing people with reusable bags, which we hope will help them feel better about their contribution to the ocean,” added Dr. Bruce Neill, president of START’s board of directors.

START is a non-profit organization whose goal is to improve the quality of our marine waters. The BYOB bags were purchased with funds raised during this year’s Crackerfest, held on November 6. For additional information, visit [START1.org](http://START1.org).\*

### Effects Of Plastic Bags

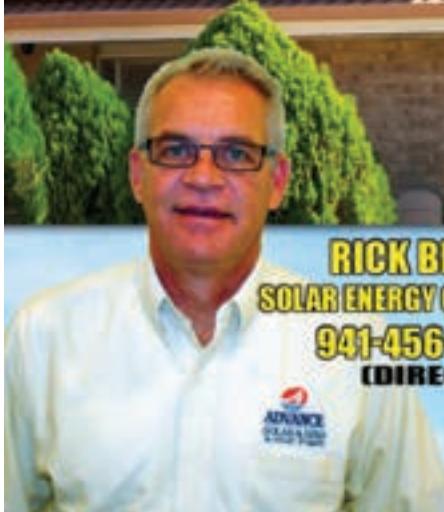
- 10 percent of all plastic produced ends up in the ocean
- 90 percent of seabirds have plastics in their stomach
- 700 marine species are threatened by plastic
- 160,000 plastic bags are used globally every second
- It takes 1,000 years for a plastic bag to degrade
- Average amount of time a plastic bag is used = 12 minutes

## Top Ten Books On The Island

1. *The Art of Crash Landing* by Melissa DeCarlo
  2. *63 Innovation Nuggets* by George Barbee
  3. *Assassin’s Honor* by Robert Macomber
  4. *Sanibel Flats* by Randy Wayne White
  5. *The Mermaid’s Sister* by Carrie Ann Noble
  6. *Big Little Lies* by Liane Moriarty
  7. *Mayflower* by Nathaniel Philbrick
  8. *Blue Asylum* by Kathy Hepinstall
  9. *To Have and Have Another* by Philip Greene
  10. *Cuba Straits* by Randy Wayne White
- Courtesy of Sanibel Island Bookshop.\*

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# Lecture On Honeybees Draws Crowd At Nature Center

by Jeff Lysiak

A standing room only crowd packed SCCF's Nature Center last Wednesday morning to hear master beekeepers B. Keith and Melissa Councill speak about the status of honeybees, threats to the species and how easy it is for homeowners to become beekeepers themselves.

The owners of Councill Farms of Cape Coral, Keith has been removing nuisance bees and harvesting honey in Southwest Florida for more than 30 years. The past president of the Florida State Beekeepers Association and current vice chair for the Florida Farm Bureau Apiary Committee, Councill has been featured on the National Geographic TV series *Swamp Men*, appeared in a documentary on bees for the University of Miami and on the PBS series *Curious Kids*.

"Florida is the best place to keep and do research on honeybees," he said, noting that the insects travel from as far as Minnesota during their annual migration.

In his business, Councill spends seven days per week – working as many as 18 hours each day – removing unwanted bees from their temporary nests. He responds to between 5,000 and 7,000 calls every year in Lee County. Yet in 90 percent of those calls, he does not wear a protective bee suit.

"There's no reason ever to spray bees," Councill told the crowd, warning them of the federal regulation which prohibits spraying honeybees. He also shared a story about a call he recently responded to in which a homeowner attempted to spray a nest of bees, only to have the insects move their colony inside his house.

During their 65-minute presentation, the Councills explained the differences between workers, drones and the queen bee, Colony Collapse Disorder (CCD), the effects of parasites, disease and pesticides on honeybees, and the natural process of how honey is made.



Keith Councill rarely uses a protective suit to remove nuisance bees  
photo by Jeff Lysiak

Following a short question-and-answer session, lecture guests were invited to sample locally harvested honey, priced at \$5 per bottle and available at the SCCF Nature Center (as well as at the newly opened Native Plant Nursery at Bailey Homestead Preserve, 1300 Periwinkle Way).

"The more light it's exposed to, the more oxidized it becomes, and the darker the honey gets," said Councill, who explained that the color of honey is also affected by which vegetation it collects its pollen from. Varieties of local honey include mangrove, seagrape, orange blossom and wildflower (collected from a mixed variety of plants). He added that honey flavor can also be affected by vegetation, including buttonwood and melaleuca trees as well as Brazilian pepper.

According to Dee Sarge-Century, SCCF's Landscaping for Wildlife educator, keeping bees on Sanibel has been practiced for several generations. "The Bailey family, and certainly the Curtis family, were keeping bees at the homestead in the building that used to be known as the Honey House," she noted.

During the Q&A, Councill was asked how does he find the queen – necessary for the effective removal of a nuisance nest – among the thousands of bees inhabiting the space. "It's kind of like Where's Waldo?" said Melissa. "Keith has trained his eyes to find her. And hopefully quickly."

"If I don't find the queen, then I haven't completed the job," he added. "Bees know if you're having a bad day... and they know what you've eaten, especially if you've eaten a banana, which has a smell very close to the sting pheromone scent." ❄️



**Best holiday wishes from The SanibelSusan Team,  
with a special thank you to our 2015 clients, business associates,  
& colleagues for making it another great year!**



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Fred Bondurant,  
Broker Associate



dearPharmacist

# Why Your Hair Is Falling Out And How To Fix It



by Suzy Cohen, RPh

**D**ear Readers: I went to my favorite make up store Sephora and took note of several women buying expensive hair serums and shampoos to deal with hair loss.

I didn't want to be off-putting and approach them with better suggestions, so I am writing today's article instead.

Save your money good grief! Most of those ingredients listed on the label, some of which are completely made up words, do not regrow hair, although they might make it shinier and softer. I'm all about "the fix" not the fancy label!

Correcting a hormonal imbalance in your body makes regrowing hair easy. Restoring a nutrient that is insufficient due to the 'drug mugging' effect also works. There are dozens of reasons for hair loss, this is why Minoxidil (for as good as it is) doesn't work for every individual. The root cause of hair loss varies from person to person. Let's go over some possibilities.

You may assume that lab work is expensive, but if it teases out the underlying cause, it's still cheaper than useless products:

First, the hormonal imbalances associated with hair loss:

- Elevated estrogen or Estrogen dominance – This is sometimes referred to as "testosterone deficiency" in the scientific literature. When this imbalance is corrected, hair grows back; the goal is more testosterone, less estrogen.

- Hypothyroidism or Hashimoto's – This is a thyroid hormone imbalance and it's a biggie. When you're "thyroid sick" instead of "thyroid healthy," the outer edges of your eyebrows begin to thin, or fall out. You may completely lose your eyebrows and eyelashes. They become brittle and dry. Restoring thyroid hormone is the fix; learn how in my *Thyroid Healthy* book.

- Iron deficiency – Iron is measured usually as "ferritin" and when it is deficient, your hair falls out faster. Low iron goes hand in hand with thyroid disease and the ulcer bug *Helicobacter pylori* (H. pylori).

- SHBG – This stands for Sex Hormone Binding Globulin and low levels lead to hair loss. FYI, green tea raises SHBG.

Now the medications that cause hair loss:

- Chemotherapy – It causes hair to fall out. It usually grows back after your treatment series. The best way to offset chemo is to take supplements and eat foods that support mitochondrial health.
- Anticonvulsants – Carbamazepine is

one example. Antibiotics crush biotin levels too. When biotin is tanked, your hair can fall out. Restoring probiotics and biotin can improve hair regrowth.

Acid blockers for reflux and heartburn – What do gut drugs have to do with your head? I know this one is a real head scratcher but this category of medications is a strong drug mugging of zinc, and zinc is needed for healthy hair growth. Zinc is also needed for superoxide dismutase, a natural enzyme in your body that captures microscopic fireballs (free radicals) and escorts them out. Corticosteroids like prednisone also smash zinc.

Estrogen or menopausal drugs – These drugs are used for birth control and hormone replacement. The reason is "estrogen dominance," but for the final nail in the coffin, these drugs deplete almost all your B vitamins. Taking a B complex can certainly offset the drug-induced nutrient depletion, but it only does so much. Improving estrogen metabolism and breakdown (or discontinuing the estrogen-derived medicine) is your fastest path to luscious locks.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

# New Owners At Island Condo Maintenance

submitted by Jeff Hammerly

**S**ince the first residents settled on Sanibel Island, islanders have searched our great island from one end to the other looking for buried treasure. Not all treasures are buried though. In fact, some are found right out in the open.

Located at 1205 Periwinkle Way and nestled behind Huxter's General Store is Island Condo Maintenance. Founded in 1974 by Steve Walters Sr., Island Condo Maintenance (ICM) has provided goods and services to our community for the past 41 years. As of August 2015, Island Condo Maintenance has been under the new ownership of John and Kim Munger of Fort Lauderdale, Florida.

I recently interviewed John and Kim where John related the following: "Kim and I have owned and operated a pool business based in Fort Lauderdale for the past 13 years. Looking to relocate to the west coast, we didn't hesitate when the opportunity arose to purchase ICM. I'm very pleased to have such a great group of employees along with so many wonderful customers.

"Kim and I want to personally thank the community for its business and support. We intend to provide the highest level of quality service available and look forward to serving you in the future."✱✱

Read us online at [IslandSunNews.com](http://IslandSunNews.com)



The "Ding" Darling Wildlife Society is excited to present SanCap Solar Connect, a local effort to bring solar to the islands.

**Join us at our next Community Meeting!**  
**Thursday, December 3, 5:30PM**  
 in the "Ding" Darling Visitor & Education Center

Learn how you can save money on solar installations through SanCap Solar Connect. Sign up for a free, no-obligation cost analysis of your home or business.



[www.SanCapSolarConnect.org](http://www.SanCapSolarConnect.org)

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- 4BR/2.5BA, 2-car garage, 2200 Sq. Ft.
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- Overlooking water, 2nd floor privacy
- \$279,900 (2151041)

Debbie Staley 472-5187 x 258

### PANORAMIC VISTAS OF BAY & CANAL

NEW LISTING



- Spectacular 2BR/2BA penthouse
- Light & bright updated kitchen & baths
- Boat slips, 2 pools, 2 tennis courts, BBQ
- On-site manager, weekly rentals, pier
- \$485,000 (2150989)

Jayne Lumley 472-5187 x 237

### DIRECT ACCESS CANAL HOME

NEW LISTING



- Impeccable 3BR/4BA custom-built, ground level
- Over 265' of water footage, boat dock and lift
- Elevator, rooftop sundeck with bay views, pool & spa
- Open floor plan, gorgeous kitchen, 3-car garage
- \$1,895,000 (2151063)

Jim Hall 472-5187 x 215

### LIGHTHOUSE POINT CONDO

NEW LISTING



- Beautiful, quiet East end location
- 2BR/2BA + den, partial bay views
- End unit provides added privacy
- Furnished, clubhouse, pool tennis
- \$579,000 (2151021)

Barbara Cacchione 472-5187 x 212

### COLONIAL SHORES - JUST REMODELED

NEW LISTING



- 3 bedroom, plus den/2 bathrooms, lake front view
- New Kitchen, granite countertops, new floors
- Low HOA fees, community pool & clubhouse
- Close to shopping & beaches
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Glen Simmons & Tina DiCharia 472-5187 x 332/259

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- \$250,000 (2120917)

G.G. Robideau & Lori Pierot 472-5187 x 210/211

## OPEN HOUSES 11/25 THROUGH 12/02/15

**Wednesday, November 25th \* 9 AM – 12 PM**

Loggerhead Cay - 979 East Gulf Drive, unit 331, Sanibel  
2BR 2BA "Spectacular," refurbished beach condo walk out. All tile, a short, courtyard walkway to the beach. Great investment or escape condo. \$515,900

**Friday, November 27th \* 1 PM – 4 PM**

Captiva - 16897 Captiva Drive  
Best value On Captiva . Channel side estate 1.3 acres with beautiful 5 bedroom home, pool, boat dock, and Beach Access. Windows all mitigated, elevator, cathedral ceilings, designer furnished. \$ 3,095,000

**Saturday, November 28th \* 1 PM – 4 PM**

Sea Oats - 532 Sea Oats Drive, Sanibel  
Just off West Gulf Drive - Custom Southern Victorian home with 3 bedrooms/ 4 baths ,den and formal dining. This is one of the most stunning homes on Sanibel . 45' pool, lake front, 9' ceilings and wood floors... Just listed \$ 1,379,000.

**Sunday November 29th \* 1 PM – 4 PM**

GULF SHORES- 1065 Fish Crow Road, Sanibel  
Private & quite beach front community, 2/2/2 Gourmet kitchen, living room & large family room overlooking swimming pool with water views. reduced now to \$699,900

**Monday, November 30th \* 1 PM– 4 PM**

Little Lake Murex - 580 Lake Murex Circle, Sanibel  
Private & Secluded feel, fully furnished 3BD/2BA , elevator, pool paved driveway, large lot, deeded beach access. \$1,599,000

**Lake Murex - 3335 Twin Lakes Lane, Sanibel**

NEAR BEACH, elevated 3BD/2BA, deck overlooking lake & pool, Southern exposure, short walk to beach, new AC. \$874,900

**Tuesday, December 1st \* 1 PM – 4 PM**

Little Lake Murex - 580 Lake Murex Circle, Sanibel  
Private & Secluded feel, fully furnished 3BD/2BA , elevator, pool, paved driveway, large lot, deeded beach access. \$1,599,000

**Lake Murex - 3335 Twin Lakes Lane, Sanibel**

NEAR BEACH, elevated 3BD/2BA, deck overlooking lake & pool, Southern exposure, short walk to beach, new AC. \$874,900

### EASY LIVING - JAMAICA DRIVE

PRICE REDUCED



- 2-BR/2-BA home, plus den (3rd BR)
- Nicely furnished, hardwood floors
- Glassed-in lanai overlooking lagoon
- Large yard, close to beach access
- \$580,000 (2140536)

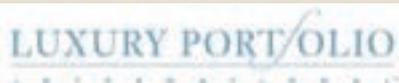
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### DESIRABLE SHELL HARBOR



- Shell Harbor ground level 3BR/2+BA
- Corner lot, caged/heated pool, boat dock
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Mary Lou Bailey 472-5187 x 246



## Lifeguard Course At Sanibel Rec

An American Red Cross Lifeguard Course will be held at the Sanibel Recreation Center on Friday, December 11 from 3 to 8 p.m., Saturday, December 12 from 7:30 a.m. to 5:30 p.m. and Sunday, December 13 from 7:30 a.m. to 5:30 p.m. Upon completion of this three-day course, participants will be certified in lifeguarding, first aid, as well as adult and pediatric CPR/AED for the professional rescuer.

The American Red Cross now offers course manuals online. Participants must bring a printed copy of the Lifeguarding manual to all class sessions. For step-by-step instructions for downloading and printing the course manuals, contact the Rec Center.

Course cost is \$210 for Sanibel Recreation Center members and \$275 for non-members. Must be at least 15 years old to register and able to attend all class sessions. Call the Rec Center for swimming ability prerequisites. Class size is limited; register now.

The City of Sanibel is in the process of hiring lifeguards. Individuals completing this lifeguard certification course who are subsequently hired by the city will be reimbursed for the cost of the training.

For more information, contact Aquatics Supervisor Tasha Maddix at Tasha.maddix@mysanibel.com or call the Sanibel Recreation Center at 472-0345.✪

## Captiva's Kaiser Elected To Ski And Snowboard Hall

The U.S. Ski and Snowboard Hall of Fame announced that The Skiing Company's former Publisher and President, Harry Kaiser of Captiva, has been elected to the 2015 National Ski Hall of Fame.

Kaiser's induction will take place in Aspen, Colorado on April 9 with a special enshrinement ceremony week-end for 2015 inductees at the U.S. Ski and Snowboard Museum in Ishpeming, Michigan the following September.

"Each member of the Hall of Fame's Class of 2015, including Harry Kaiser, was a remarkable leader, athlete or sport builder," said U.S. Ski and Snowboard Hall of Fame chairman Tom Kelly. "So much of what all of us enjoy in our sport today has emanated from the outstanding honored members of the Hall of Fame."

With the addition of the 2015 inductees, Kaiser will be among 410 honored lifetime members. Kaiser remained a forerunner in the ski industry for over 35 years, as publisher and president of the Skiing Company, which included publications such as *Skiing Magazine*, *Ski Magazine*, *Skiing Trade News*, *TransWorld Snowboarding* and more. Throughout his tenure, Kaiser has been recognized for advancing the freestyle

movement in the early days by acquiring the financial commitment and sponsorships to allow for the growth of the sport. He was instrumental in securing sponsorships to the U.S. Ski Team, which has contributed to the growth and success of the teams today. Kaiser and his wife, Carolyn, helped raise over a million dollars for the U.S. Ski Team during the reign as chairpersons for the New York Committee for the New York Ski Ball.

The Kaiser family has been referred to as the "First Family of Skiing" throughout his tenure as publisher and president of *Skiing Magazine*. Harry and Carolyn raised their five children – Hank, Carolyn, Lorrie, Cindy and Catherine – within the ski industry. Their dedication to the sport of skiing continues on to their 10 grandchildren.

Today, you can find Kaiser on the beaches of Captiva Island where he resides. The Kaisers first came to Captiva in 1980. He currently serves as commissioner and secretary for the Captiva Erosion Prevention District's board of commissions. Here, he shares his passion for the sun, sand and surf by dedicating his time to the protection and preservation of our beaches. For more information on the U.S. Ski and Snowboard Hall of Fame and Harry Kaiser's induction ceremony, visit [www.skihall.com](http://www.skihall.com).✪

## Steakhouse And Sushi Bar Coming To Sundial Resort

Shima Japanese Steakhouse & Sushi Bar is under construction at Sundial Beach Resort & Spa on Sanibel.

Shima will feature a full Japanese-style menu of high-quality food, expertly presented. Hibachi dining and sushi rolls will be featured, prepared by a third generation sushi chef.

"We are excited to give the commu-

nity and our guests the only hibachi-style dining experience in the area. Adults and children alike will enjoy watching expert chefs perform culinary entertainment while preparing their meals," said Criss Menassa, executive chef at Sundial.

Shima will join three onsite dining locations to give resort guests, island visitors and residents one more gulf-front option at Sundial.

The new restaurant will be open from 5 to 10 p.m. Tuesday through Saturday. The menu, which includes special options for children, is offered at four large hibachi grills

For additional information, call 472-4151 or visit [sundialresort.com](http://sundialresort.com).✪

## ISLAND SUN BUSINESS NEWSMAKERS

### Tops In Sales

RE/MAX of the Islands announced that Chuck Bergstrom was its top selling associate in October.✪



Chuck Bergstrom

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# City of Palms Classic Returns



by Ed Frank

The 43rd annual City of Palms Classic, the premier high school basketball tournament in the nation, returns to Fort Myers next month with 34 competing players already committed to Division I college basketball

programs.

The December 18-23 tournament brings together 26 high school basketball powerhouses with teams as far away as Oregon, Missouri, Ohio, Ontario and several Florida schools.

This prestigious event has included more than 530 youngsters who advanced to NCAA Division I competition and more than 60 who went on to play professionally in the NBA.

This is the final year that the tournament will be held at Bishop Verot Catholic High School. To accommodate the growing following of the event, the tournament will move next year to the new 3,300-seat Suncoast Credit Union Arena currently under construction at Florida SouthWestern State College.

In addition to the top high school basketball talent that will compete here, many of the nation's top college coaches and scouts are certain to attend. Duke's Mike Krzyzewski has been a frequent attendee.

Here is just a sampling of the premier talent that will play here in a few weeks: Class of 2016 Hoop Scoop No. 1 player Thon Maker (The Athlete Institute); Class of 2016 ESPN No. 2 player Jayson Tatum (Chaminade, St. Louis) and the list goes on.

As a strong incentive to attract the top basketball talent in the nation, the tournament's foundation, Classic Basketball, Inc., covers all expenses for the 26 teams.

To purchase tickets to the six-day tournament, go to [www.cityofpalmsclassic.com](http://www.cityofpalmsclassic.com) and click tickets.

If you attend this famous event, you will see the following athletes, their schools and the colleges they have committed to attend. Where a college is not named, the player has not publicly announced his decision.\*

Height	Class	Player Name	High School	College
7-1	Senior	Thon Maker	Athlete Institute (ON)	
6-10	Senior	Abdulahakim Ado	Hamilton Heights (TN)	Mississippi State
6-10	Senior	Udoka Azubuike	Potter's House Christian (FL)	
6-10	Senior	Tony Bradley	Bartow (FL)	North Carolina
6-10	Senior	Bruno Fernando	Montverde Academy (FL)	
6-10	Junior	Austin Wiley	Spain Park (AL)	Auburn
6-9	Senior	Edryce "Bam" Adebayo	High Point Christian (NC)	Kentucky
6-9	Senior	Tyler Cook	St. Louis Chaminade (MO)	Iowa
6-9	Senior	Dewan Huell	Miami Norland (FL)	Miami
6-9	Sophomore	Jontay Porter	Father Tolton (MO)	Washington
6-9	Senior	Micah Potter	Montverde Academy (FL)	Ohio State
6-9	Senior	Jayson Tatum	St. Louis Chaminade (MO)	Duke
6-9	Junior	Kaleb Wesson	Westerville South (OH)	Ohio State
6-9	Senior	Romello White	Marietta Wheeler (GA)	Georgia Tech
6-8	Senior	Cyril Langevine	Patrick School (NJ)	Rhode Island
6-7	Senior	Amidou Bamba	High Point Christian (NC)	Coastal Carolina
6-7	Senior	Nicola Djogo	Athlete Institute (ON)	Notre Dame
6-6	Senior	Al-Wajid Aminu	Marietta Wheeler (GA)	North Florida
6-6	Senior	Lonzo Ball	Chino Hills (CA)	UCLA
6-6	Senior	Brandon Gonzalez	Punta Gorda Charlotte (FL)	Southeastern Louisiana
6-6	Senior	Jalen Johnson	Wesleyan Christian (NC)	Tennessee
6-5	Junior	Liangelo Ball	Chino Hills (CA)	UCLA
6-4	Senior	Michael Buckland	Wesleyan Christian (NC)	Lipscomb
6-4	Senior	Thomas Dziagwa	Tampa Catholic (FL)	Oklahoma State
6-4	Senior	Ben Robertson	High Point Christian (NC)	Bucknell
6-3	Senior	Jair Bolden	Westtown (PA)	George Washington
6-3	Senior	Howard Washington	Montverde Academy (FL)	Butler
6-2	Senior	Rasheen Dunn	Brooklyn Thomas Jefferson (NY)	St. Francis-Brooklyn
6-2	Senior	Kwe Parker	Wesleyan Christian (NC)	
6-2	Senior	Payton Pritchard	West Linn (OR)	Oregon
6-1	Senior	David Jean-Baptiste	Miami Norland (FL)	UT-Chattanooga
6-1	Senior	Mike Lewis	St. Louis Chaminade (MO)	Duquesne
6-1	Senior	Shamorie Ponds	Brooklyn Jefferson (NY)	St. John's
6-0	Senior	Bryce Aiken	Patrick School (NJ)	Harvard
6-0	Senior	D.J. Bryant	Sarasota Riverview (FL)	Texas-Arlington
6-0	Senior	Brandon Childress	Wesleyan Christian (NC)	Wake Forest
5-11	Senior	Ty Graves	High Point Christian (NC)	Boston College
5-9	Freshman	LaMelo Ball	Chino Hills (CA)	UCLA

## Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2015	4,743	\$5,595,000	\$5,500,000	1
Sanctuary At Wulfert	Sanibel	2003	6,794	\$2,795,000	\$2,500,000	276
Metes And Bounds	Sanibel	2003	3,253	\$1,695,000	\$1,583,000	31
No Subdivision	Fort Myers	1990	6,058	\$1,750,000	\$1,500,000	347
St. Charles Harbour	Fort Myers	2001	3,686	\$1,295,000	\$1,207,500	28
Edgewater	Fort Myers	1997	4,253	\$1,124,000	\$1,075,000	1
Matlacha Shores	Matlacha	1981	2,775	\$950,000	\$800,000	1,456
Pinewater Place	Bonita Springs	1995	2,586	\$659,000	\$655,000	30
Lake Murex	Sanibel	1979	1,456	\$669,000	\$645,000	35
Acreage	Alva	2000	1,776	\$599,000	\$550,000	82

Courtesy of Royal Shell Real Estate

# School Smart



by Shelley M. Greggs, NCSLP

## Dear Readers:

As we celebrate Thanksgiving, you may want to take some extra time to reflect about your children and give thanks for them.

Sometimes, though parents find it difficult to express their belief in and support for their children. Its vital for a child to know that its loved, understood and accepted but the usual well done, good boy/girl just doesnt express your feelings adequately.

I'd like to share a list of highly expressive and meaningful phrases that child psychologist Yekaterina Kes has put together to use with your child. All of them will help your child to understand the depth of your love and affection for them. What could be more important than that?

### Expressing belief in your child:

- I trust you
- I believe in you
- I respect your decision
- It won't be easy, but I'm certain you'll do it
- You're doing everything right
- You understand this perfectly
- How did you manage to do this so well?

- Teach me how you do it, so I can succeed like you

- You can do it better than I can
- You're better at this than me

### Crediting their hard work:

- I can see how much work you put into this
- I can see how hard you tried
- You worked so hard on this, and you achieved it perfectly!
- You're making fantastic progress!
- I can see you spent a lot of time on this
- I can imagine how much effort you had to put in to achieve this!
- You must have worked so hard to get this result!

### Being thankful for the time you spend together:

- I really appreciate you spending time with me
- I cant wait to play with you tomorrow
- It's so interesting to do this with you
- I really enjoyed playing with you
- I'm so glad youre at home with me
- I'm having so much fun being with you

### Helping them evaluate their own performance:

- What do you think about this?
- You must be so proud!
- What's the thing you're most proud of?
- What's your opinion on this?
- How would you evaluate your own work?

- And what do you think of the result?

### How do you wish it had gone?

### Being thankful for their help:

- Thank you so much for doing this
- I'm so grateful that you helped me with this
- You really helped me out
- Thanks for understanding
- I don't know what I would have done without you
- Without your help, I wouldn't have succeeded
- You helped me to get through this quicker

### The house is so tidy thanks to you

### Describing what you see:

- Your bedroom is so clean!
- Wow, you've made your bed! Fantastic!
- There are so many beautiful colors in this picture!
- I can see that you really tried hard
- I noticed that you cleared the table yourself. Well done!

### Describing how you feel:

- I just love spending time with you so much
- I'm so happy when youre at home
- I love being part of your team
- I love hearing your opinion
- I'm so incredibly grateful that I have you
- It makes me so happy when you're around to help me

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nation-

ally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

## Dog Licenses On Sale December 1 At Rec Center

Sanibel dog licenses go on sale Tuesday, December 1 at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

The cost of a dog license is \$10; proof of current rabies inoculation is required at the time of purchase. Due to the fact that veterinarians are now giving rabies inoculations with one- to three-year validity, please give the expiration date on the dog license application form and not the date the inoculation was given.

Remember, we all love our pets, but only service animals are allowed inside the Sanibel Recreation Center. Additionally, a \$5 late fee is charged for any dog license obtained after January 31.

For more information, call 472-0345 or visit www.mysanibel.com.\*

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# Happy Thanksgiving!

Will Power

# Not In God's Name



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Rabbi Jonathan Sacks recently published a book entitled *Not In God's Name: Confronting Religious Violence* that became more relevant a couple of weeks ago when ISIS terrorists slaughtered many innocents in Paris. The thesis of the book is that the 21st century will not be a century of secularism; rather it will be an age of desecularization and religious conflicts.

Sacks uses biblical references and huge doses of history to enlighten and educate. While I highly recommend the book, here I'm focusing on one narrow idea espoused in his chapters about sibling rivalry, since it is related to the concepts of inheritance.

In the book of Genesis there are four main stories between siblings, the first is of Cain and Abel, sons of Adam and Eve. Cain committed the first murder by killing Abel out of jealousy and anger. This story is found in the Jewish Torah, the Christian Bible and the Muslim Quran.

Later in Genesis, we read how Abraham fathers Ishmael, a son born from his maidservant Hagar before Abraham and Sara in their old age are able to conceive Isaac. Abraham banishes Hagar and Ishmael into the desert at Sara's direction and God's acquiescence. Sara, in her jealousy, wants Abraham's inheritance rights to vest in Isaac, his second born son, not in his first, Ishmael. Ishmael would become the forerunner of the nation of Islam, while Isaac of Judaism and Christianity.

In the third story, Jacob steals away the rights of his older brother Esau by disguising himself as Esau to receive his father Isaac's blessings. Esau, as the first born, was supposed to get Isaac's blessing of power and privilege. Jacob deceitfully gets the blessing from his father, which is soon thereafter discovered.

In the fourth story, Jacob fathers 12 sons, the last two, Joseph and Benjamin, are conceived from his second wife Rachel. Jacob favors Joseph as he is the first born son of his favorite wife Rachel, the sister of his other wife Leah who gave birth to the other 10 sons. Leah is envious of her sister Rachel, as are her children who are envious of Joseph's favors, including the coat of many colors. Joseph is thrown into a well, later to become an Egyptian slave and eventually an advisor to the Pharaoh.

The progression of these stories through Genesis describes a larger story. We can see this by reviewing the last scene of each story. At the end of Cain and Abel, Abel is dead and Cain wears the mark of a murderer.

At the end of the second, Isaac and Ishmael stand together at their father

(Abraham's) grave, implying that they are no longer at odds with one another.

At the end of the third, Jacob and Esau meet, embrace, and go their separate ways.

At the end of the fourth, Joseph and his brothers work through a process of forgiveness and reconciliation.

It is interesting to note that the stated traditions of blessings and favors on the first born son are usurped in Genesis by each parent's particular love of one child over the other. Because of this, there is jealousy between children. This highly structured literary sequence asserts the unmistakable message that although sibling rivalry may be natural (Cain and Abel), it is not inevitable. It can be conquered (the three stories that follow).

It can be conquered by generosity of spirit. As Esau embraced his brother Jacob, telling him that, "I have all the blessings that I need." Jacob returns the blessings he deceitfully took from their father back onto his brother, realizing that his true blessing was to become the next patriarch of the Chosen People. Recall that Jacob wrestled with the angel who later changed his name to Israel (which means in Hebrew "he who wrestles with God").

It can be conquered through a process of forgiveness and reconciliation. When the brothers don't recognize Joseph, he demands that Benjamin (his younger brother with their common mother Rachel) be left as a slave. Upon realizing that Jacob would be torn emotionally if Benjamin were left as a slave, Judah offers himself instead. Judah, you may recall, is the brother who proposed selling Joseph as a slave to the Ishmaelites.

Because Judah has come full circle in his repentance, and the other brothers have shown their remorse, Joseph forgives and reconciles with all of his brothers. He affirms that their action of allowing him to become an Egyptian slave actually worked out for the best not only for Joseph himself, but for the Egyptian and surrounding nations. (Recall Joseph's dream about seven years of bounty followed by seven years of famine and how he encouraged Pharaoh to store grain.)

The reconciliation of Joseph and his brothers is where Genesis ends. The overriding theme Genesis instructs is that each of us has our own blessings that are wholly unique to ourselves. We shouldn't be jealous of or covet others' blessings. There are reasons we should have certain blessings but not others. Sometimes, the reasons are evident, but sometimes the reasons are unknown. We have faith that God knows which are appropriate, and which are not.

Translating this to estate planning, we may or may not treat our loved ones "equally" but may decide to bestow certain blessings on one with other blessings on another. While we may love our children in different ways, we hope that our love does not create jealousy, and if it does, that our children are strong enough to appreciate the unique and different blessings bestowed upon them.

Have a Happy Thanksgiving weekend.

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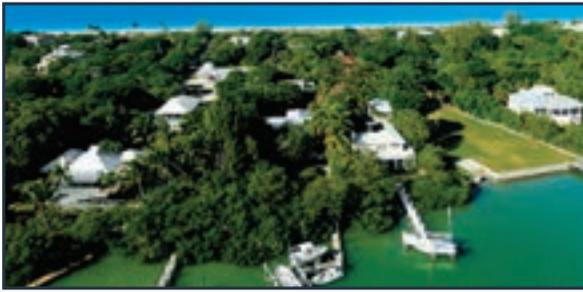
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**Parmesan Roasted Snap Beans**

12 ounces fresh snap beans, trimmed and rinsed  
 1 teaspoon salt  
 1 teaspoon freshly ground black pepper  
 ½ teaspoon garlic, minced  
 2 tablespoons Parmesan cheese, grated  
 Preheat oven to 425 degrees F. In a large bowl, combine beans, salt, pepper and garlic; mix well. Spread beans out on a baking sheet and bake for 10 minutes.

Remove from oven and shake to move the beans around the sheet, then bake another 5 minutes. Remove beans from oven and sprinkle with cheese. Serve with Feta and Dill Dip.

**Feta and Dill Dip**

1 cup plain low-fat yogurt  
 1 tablespoon fresh dill, chopped  
 1 tablespoon crumbled feta cheese  
 Mix all ingredients and serve.\*



Parmesan Roasted Snap Beans

# BEST TAKE-OUT ON THE ISLANDS

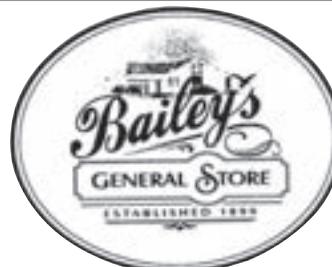
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Jeff Shuff, CFO, and Jeff Weller, general manager of the Sanibel Captiva Beach Resorts, center, are joined by Trent Peake, member services manager and Ric Base, president of the Sanibel & Captiva Islands Chamber of Commerce, to announce their 2015 Luminary Sponsorship

## Beach Resorts Support Luminary As Gold Sponsor

Sanibel Captiva Beach Resorts continues their support of the islands Luminary Festival Weekend. The 31st annual Luminary Festival takes place Friday, December 4 on Sanibel and Saturday, December 5 on Captiva.

"We are pleased to be long time supporters of the Luminary festival," said Jeff Shuff, Chief Financial Officer of Sanibel Captiva Beach Resorts; owners of Tween Waters Inn, West Wind Inn, Beachview Cottages and Castaways Beach and Bay Cottages. "It is a great time of year on

the islands and we enjoy being a part of the Luminary Festival on Sanibel and Captiva. It's a wonderful way for the community to enjoy the official kick off to the holiday season."

During the Luminary celebrations, the islands' main streets are lined with illuminated candles, businesses are decorated with festive trimmings and trees and landscaping twinkle with holiday lights. Sanibel and Captiva visitors and local residents can enjoy these two magical nights on our islands with complimentary trolley rides.

"Tween Waters Inn is known for their legendary holiday décor, and this year with their new acquisition on Sanibel, they truly represent both islands. We are excited to see what they have in store for us during this year's Luminary Festival.

We appreciate their continued support," said Ric Base, president of the Sanibel & Captiva Islands Chamber of Commerce. For more information on this year's

Luminary Festival, visit [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or see local newspapers for this year's Luminary lineup.✪

### Superior Interiors

## Outdoor Decorating At Its Finest



by Marcia Feeney

With so many of today's homeowners desiring to expand their living spaces, it's only natural to incorporate the great outdoors in your next decorating project.

Whether it's a porch, patio, sunroom or lanai, outdoor decorating can become a beautiful extension of your home.

And, as with other rooms in your home, it all begins with a plan. Do you entertain a lot? Is your new outdoor space primarily for your personal and family enjoyment? What activities might be taking place in this new area – outdoor/indoor games? Dining? Reading? Relaxing?

Once you've determined your needs and wants, it's time to begin. And with Mother Nature as your backdrop, why not be a bit bolder in your color selec-

tions. Creating a bright and dramatic outdoor color scheme is sure to take your new space from dull to dazzling.

Furniture styles? There are a myriad to choose from – all sizes and shapes – as well as a countless all weather fabrics in gorgeous designs. Wicker and rattan continue to be the most popular and comfortable seating selections.

Area rugs? Yes! For sure! Nothing helps set off a conversational area better than a well designed area rug. Today's all-weather styles will add a definite touch of design excitement to our new outdoor space!

Lighting? Of course! Especially if you intend to use your space for reading and relaxing. Task lighting options are virtually limitless.

Window treatments? Not something that you typically think about when designing an outdoor space, but creating a beautiful, functional and practical window treatment can actually help add even more ambiance to your new room's style.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coindeciden.com](mailto:marcia@coindeciden.com).✪

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The 20th anniversary party was held on the exact date the shell museum opened in 1995

From page 1B

## Shell Museum Anniversary Party

Kingdom in order to take part in the festivities.

"This museum is as much about the people as it is about shells," said curator and science director Dr. Jose H. Leal

in thanking the early supporters of the museum. In noting the facilities' accomplishments during its 20-year history, he also recognized a group of six women – Dottie DeVasure, Barbara Hansen, Joyce Matthys, Anna Marie Nyquist, Peggy Porter-Hole and Ethel Sinow – who have been a part of the museum since the day it opened.

Opening remarks were also made by executive director Dorrie Hipschman



From left, Chris Davison, Clair Beckmann, Amy Tripp, Karen Turner and Dorrie Hipschman

and architect Amy Nowacki, who designed the museum's refurbished entryway, which was completed in late 2013.

Dance spoke extensively about malacologist R. Tucker Abbott, the founding director of the museum who passed away two weeks before the building's grand opening, on November 18, 1995.

"I first came to Sanibel in 1971 when I served as a judge for six separate shell shows here in Florida," recalled Dance, who resides in Carlisle, England. "I had known Tucker since 1962; he was already very well known in the world of shell collecting."

Over the years, both Dance and Abbott had published books dedicated to shells, yet they had never collaborated on a work until – at the suggestion of a publisher from Dutton Books – a suitable project became available.

"We were friendly rivals, but we had never collaborated on a book together," said Dance, who accepted the assignment of writing *Compendium of Shells* in the late 1970s. "So I asked Tucker if he wanted to co-author the book with me, which was published in 1982."

According to Leal, the now out-of-print book is highly sought after by shell enthusiasts. He also called Dance "the across-the-pond equivalent to Tucker (Abbott)."

In celebration of the museum's 20th anniversary, author Harlan E. Wittkopf, who dedicated his 2008 book *Gems To Treasure* to Dance, sold a limited edition run of 20 reprints of the book in order to raise funds to have an R. Tucker Abbott brick installed in front of the museum at the Raymond Burr Memorial Garden. Remaining proceeds from last week's sale of the book will go towards funding museum programs.✪

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## Beautiful Life: Give Thanks



by Kay Casperson

I love this time of year because I have so much to be thankful for – my family, our dogs, our health, our happiness, our home, our islands, our country, our freedoms and so much more.

Though it's meant to be a time of celebration, reflection and togetherness, Thanksgiving (and the holiday season altogether) can also be stressful and overwhelming. Our lives and schedules get busier and more crowded, and it can be challenging to make the right choices and stay focused on the things that really matter – like all of the people, places and things we're so grateful for.

But we already have all the necessary tools within us to continue making those good choices, the kind of choices that help us lead the beautiful life we deserve – by deciding what we want, where we want to be and who we want to be with, and by affirming to ourselves that all of it is possible with the right mindset, and a bit of inspiration!

Here are some affirmations I'll be holding close to my heart this Thanksgiving holiday:

I will give thanks every day for my blessings. Thanksgiving comes only once

a year, but I will take time every single day to be grateful and gracious, and to give thanks for all of the beautiful blessings in my life. I will tell my family I love them, I will tell my friends how much I care about them, and I will treasure every moment and memory I create with them.

Happiness and peace surround my life. When the world around me becomes too busy or burdensome, I will take a moment to just breathe. I will reclaim my happiness and my inner peace by focusing on all that is happy and peaceful in my beautiful, balanced life.

I will dream big and shine brightly. I am beautiful, I am brave and I am in control of my destiny! Nothing is impossible when I follow my dreams and listen to my heart – my future will be fabulous and fruitful because I am the author of my own story. I make the right choices!

I am living a beautiful life and I share that with others. I create the quality of my life, and I know that when I put my energy into leading a balanced, beautiful lifestyle, my positivity inspires and encourages others to improve their own life – emotionally, spiritually, physically, environmentally and socially.

I wish you all a beautiful, blessed and very happy Thanksgiving!

*Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at [kaycasperson.com](http://kaycasperson.com).✱*

From page 1B

## Care Mobile

Timbers, Prawnbroker Restaurant, Sanibel Grill, and University Grill.

A golf ball drop will be another highlight of the event. Tickets are available to the public for \$100 and can be purchased at Ronald McDonald House in Fort Myers. Up to 100 tickets will be sold. Ronald McDonald himself will drop the balls from high in the sky and the closest to the pin wins 50 percent of the loot. Winners need not be present.

Grampy's Charities is a 100 percent volunteer organization with no paid staff. For over two decades, they have donated more than \$3 million to charities serving sick children.

The mission of Ronald McDonald House Charities of Southwest Florida is to create, find and support programs that directly improve the health and well-being of children in Southwest Florida. RMHC supports Ronald McDonald House, providing a "home away from home" for families of hospitalized children; Ronald McDonald Care Mobile, delivering medical and dental services to underserved children; RMHC Scholarship Program awards scholarships to deserving high school seniors; and a grants program, providing assistance to other local children's charities.✱



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# Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

Fifty years ago, we saw a lot of my cousin and his wife. They adopted two infants and were transferred 2,000 miles away. We kept in touch but did not see them too often. The children became adults and we were surprised to hear that they did not know that they were adopted.

Their mother died seven years ago and their father six months ago. Out of the blue, their son called me recently and was very upset and said he and his sister are very concerned that they

might have inherited the dreadful diseases that caused their parents' death. He was asking me questions because I am the only living blood relative of his father.

I tried to evade answering directly. What do you think I should do if he should call again?

Rodney

### Dear Rodney,

I find it hard to believe that in 50 years, the adult children didn't get some clues – but I guess some people can keep secrets for a lifetime.

If the parents did not want the adult children to know that they were adopted, I certainly would not tell them regardless of how many questions they asked me.

I would suggest that you and your sister go to the best specialist in the field of genetics and find out if there are tests that could relieve you of unnecessary concern or be the basis for medical treatment.

Lizzie

### Dear Rodney,

Times have changed and professionals have long thought that adoptees should be told early by the parents before potential problems could develop. However, these parents are the ones who decided what they felt was the best plan. I would not in any way interfere with mom's plan and it is what I would advise.

Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱

## Doctor and Dietitian

# The Health Benefits Of Being Grateful



by Ross Hauser, MD and Marion Hauser, MS, RD

**T**hankfulness and gratitude are connected with better health. Throughout history, physicians, philosophers and religious leaders have emphasized the health virtues of being thankful. Some of the health benefits include improved immune systems, feelings of connectedness and belonging, optimism and a higher team or work morale. Gratitude is even linked to positive changes in heart rate variability and blood pressure.

Grateful folks tend to engage in healthy behaviors such as regular exercise and healthy eating. We know that stress is harmful to our health, but fortunately, gratefulness improves our ability to manage stress, and thankfulness augments our coping skills. Optimism boosts immune-boosting blood cells, pessimism does the opposite. In addi-

tion to boosting the immune system, the optimism gained from gratitude has also been shown to have a positive impact on those with compromised health.

What are you most grateful for? Expressing it may boost your well-being. Talk to yourself and to others in a creative, optimistic and appreciate manner. Remember to be thankful for the little or big things your friends and family members do, to have a beneficial effect on the relationship.

Instead of focusing on the hassles you face, write down the things you are thankful for. Besides giving you a brighter outlook, it also may help you fall asleep and stay asleep, another health benefit of thankfulness.

Lend support to others, as volunteering can give you a happy glow. And, of course, exercise to release the brain chemicals that create joy and contentment.

Counting your blessings encourages happiness. Thanksgiving is a joyful day shared with friends and family, when we make a special effort to give thanks. Let's keep the tradition of giving thanks, typically celebrated just once a year during the holiday season, going throughout the entire year.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱*



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# Insomnia? - Close Your 3rd Eye



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**C**an't shut down the mind, which is continually doing loops of those uncompleted tasks, or the argument with your

best friend or boss, or what to get your friends for the holidays... ; we all experience that continual loop. Knowing the more we want to sleep, the more elusive it becomes. While in San Diego with Donna Eden in September, she showed us a number of tools that help insomnia. To understand this one, it is necessary to understand that we have seven chakras, starting from the pelvic area (the Root Chakra) all the way to the baby spot on the top of our head (the Crown Chakra). Chakras have been recognized in many cultures for thousands of years. They are swirling balls of energy that bathe the organs within their area, sending energy to the organs and out into the auric field. Each chakra has unique characteristics for which it is known.

Today, the focus is on the Third Eye Chakra, which is located between our 2 physical eyes. In many cultures you see

pictures of the third eye as literally being seated between the 2 physical eyes but much larger in size. Hold that image. Organs and anatomy within its sphere include the eyes and vision, the ears and auditory system, nose and olfactory system, the Pituitary and Hypothalamus Glands and the Forebrain. Not only does it bathe all these systems and organs, but it encompasses the activities of the mind, assists the brain in performing abstract thought, oversees abstract reasoning, attunes to the inner hearing, inner smells, inner tastes and other senses enabling us to have multiple ways of knowing. So, you can "see" that the Third Eye Charka has a huge impact on our thoughts and our mind. Thus, if we can close it somehow, we should be able to find some calm, peace and rest.

The technique today is one Donna demonstrated. When faced with that restless mind, lay down with your physical eyes closed. Breathe deeply in through the nose and out through the mouth. Focus your attention on the third eye, as if you are looking through that space to the beyond. As you focus, take your left middle finger, placing it at the edge of the hairline above the third eye. Slowly, slowly move the finger down the forehead to the third eye, imagining the eyelid of the third eye to gently close. You will end with your finger at the bridge of the nose. Having tried it several times, I can truly say it works.

Have fun with your energy! Next week's topic is "Figure 8s Save Owl - A Reader's Story."

If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmanenergy.com](http://www.semmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have been dating a man I really like for three months. I am afraid he is going to leave and I don't know what I will do. What can I do to keep him?

**A:** A relationship requires interdependence and balance. Women often invest so much in a relationship, and become the sole givers. Regardless of how much they invest in the couple ship, they may still be afraid they will lose their man. This results in insecurity and anxiety. It's important to be with someone who wants you and equally gives to the relationship. If you are not getting this in the relationship, then it's not worth having and you will end up broken hearted.

Putting out the vibe that you are afraid of losing him and releasing that energy,

you are already on your way to reality of the relationship dissolving. Relationships unfold the way they are supposed to and it helps to live them and be in them for the present moment and see the joy the now can bring. If you are constantly worrying about losing him, you are losing the gift of the present moment and focusing on what could happen in the future. This can be a self-fulfilling prophecy.

Ask yourself what makes you feel so insecure that you fear he will leave? Has this happened before and if it's recurring, what is it about you that continues to attract someone who will leave you? If you don't know and it's on a subconscious level, perhaps seeking some professional help is in order to gain insight and a better understanding of yourself and why you have these fears. You will want to learn tools to release the feelings of unworthiness and insecurity so you can attract the right man who is worthy of you and whom you feel self-assured with. That has to begin with yourself first.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✧

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# My Stars ★★★★★

FOR WEEK OF NOVEMBER 30, 2015

**ARIES** (March 21 to April 19)  
Don't feel sheepish about looking to spend more time with that special person during the upcoming holidays. Do it because it's the right thing to do.

**TAURUS** (April 20 to May 20) Never mind letting misunderstandings repair themselves. Consider speaking up while the healing process can be shorter and sweeter and leave fewer scars.

**GEMINI** (May 21 to June 20)  
Romance is easily awakened in the Geminian heart, especially around the happy holiday season. So go ahead and make those plans with that special someone.

**CANCER** (June 21 to July 22) Moon Children can glow with their own inner light as the holiday season magic takes hold. It's a very special time for Cancers and Libras together. Enjoy.

**LEO** (July 23 to August 22) It's a good time for you fabulous Felines to take pleasure in your special gift for, well, taking pleasure! Look for this holiday season to give you every reason to purr.

**VIRGO** (August 23 to September 22)  
This is a good time to let others who are in your life get a little closer to you. You'll both find out what you've been missing for far too long.

**LIBRA** (September 23 to October 22)  
Open up your eyes and see some welcome surprises you've missed or overlooked for too long. What you find can lead to other favorable changes.

**SCORPIO** (October 23 to November 21)  
What you expect to be potentially troublesome might simply be especially challenging and well worth your efforts to

check out. Good luck!  
**SAGITTARIUS** (November 22 to December 21) A friendship might not seem as trustworthy as you'd like. OK. Ask your questions, get your answers and settle the matter once and for all.

**CAPRICORN** (December 22 to January 19) A family situation moves into a new area because of (or, maybe, thanks to) some decisions you might have felt you could not avoid making.

**AQUARIUS** (January 20 to February 18) You could be cutting it very close if you hope to make those holiday plan changes in time to avoid problems. Get a friend or family member to help.

**PISCES** (February 19 to March 20)  
Friends show how important you are to them. Keep these precious relationships thriving. They affect much that will happen to the fabulous Fish in the new year.

**BORN THIS WEEK:** Time spent at home alone nurtures your mystic self. Spending your time with others nurtures them.

## THIS WEEK IN HISTORY

- On Dec. 2, 1859, in Charles Town, Virginia, abolitionist John Brown is executed on charges of treason, murder and insurrection. Brown became militant during the mid-1850s, when he fought pro-slavery settlers in the sharply divided Kansas Free State territory.

- On Dec. 6, 1917, a Belgian steamer and French freighter, both loaded with ammunition, explode in Canada's Halifax Harbor, leveling part of the town and killing nearly 1,600 people and injuring some 8,000. The ships carried 8 million tons of TNT intended for use in World War I.

- On Dec. 5, 1945, five U.S. Navy tor-

pedo-bombers take off from Florida on a routine training mission over the Atlantic Ocean. The squadron leader later reported that his compass had failed and his position was unknown, and a rescue aircraft was dispatched with a 13-man crew. No trace of the 27 crewmen or six aircraft was ever found.

- On Dec. 4, 1956, the "Million Dollar Quartet" convenes at Sun Studios in Memphis, Tennessee, in an historic impromptu jam session. Present were Carl Perkins, Johnny Cash, Jerry Lee Lewis and Elvis Presley. A tape recorded that day was not discovered until 1981.

- On Nov. 30, 1965, lawyer Ralph Nader publishes the muckraking book "Unsafe at Any Speed." It became a bestseller and prompted the passage of seat-belt laws in 49 states (all but New Hampshire).

- On Dec. 3, 1979, eleven people are killed in a stampede outside a Who concert in Cincinnati when a crowd of general-admission ticket-holders surged forward in an attempt to secure prime unreserved seats inside, known as festival seating.

- On Dec. 1, 1990, 132 feet below the English Channel, workers drill an opening through a wall of rock, connecting the two ends of an underwater tunnel linking Great Britain with the European mainland for the first time in more than 8,000 years.

## STRANGE BUT TRUE

- It was Scottish novelist and politician John Buchan who made the following sage observation: "We can pay our debt to the past by putting the future in debt to ourselves."

- The general board of the prestigious University of Cambridge has recommend-

ed that the institution hire a Professor of Lego. Yep. The lucky academic will head up the Research Centre on Play in Education, Development and Learning. On a related note, Cambridge recently received a donation of more than \$6 million from the Lego Foundation.

- If you happen to have 40 billion Lego bricks lying around, you could, theoretically, build a tower to the moon.

- Single-shot coffee makers like Keurig are increasingly popular, but the inventor of the K-Cup coffee pods doesn't actually use them himself. John Sylvan says, "I don't have one. They're kind of expensive to use." He added, "It's not like drip coffee is tough to make."

- Beloved British author Charles Dickens was forced to go to work at the age of 11, pasting labels on bottles of shoe polish in a boot-blacking factory. Soon after, his father was put in debtors' prison, and when his mother and siblings went to live with him there; young Charles was left to live on the streets and fend for himself. It's not surprising, then, that after Dickens achieved the great success he enjoyed as a writer, he was an ardent campaigner for children's rights.

- If you plan to become a patriotic citizen of Greece, I hope you have a good memory: The Greek national anthem has a whopping 158 verses.

## THOUGHT FOR THE DAY

"The greatest analgesic, soporific, stimulant, tranquilizer, narcotic and to some extent even antibiotic -- in short, the closest thing to a genuine panacea -- known to medical science is work." -- Thomas Szasz

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## Bank Gives \$1,000 To FISH

Bank of the Islands recently made its latest non-profit donation through its We Love Our Islands program. The winner choosing the beneficiary organization was bank customer Jerry Edelman. He was spotted with a We Love Our Islands decal on his vehicle, winning him the right to select which local non-profit group would receive a charitable contribution from the bank. Edelman chose FISH of Sanibel-Captiva.

This gift marks a total of \$65,500 the has contributed to island organizations to date through the program.

"FISH provides a valuable safety net for those in need on Sanibel or Captiva, whether the live, work or are just visiting here," said the bank's office manager Willy Ocasio.

Free decals are available at the bank.



Winner Jerry Edelman, left, Bank of the Islands' Willy Ocasio, and FISH representative Maggi Feiner

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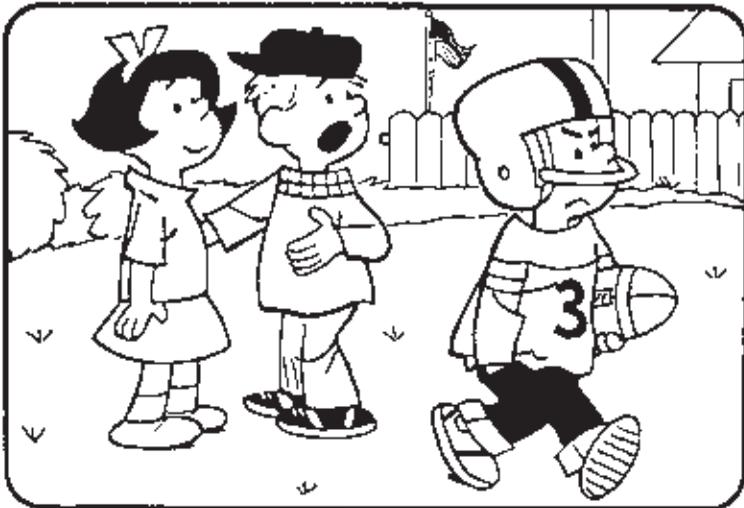
**Installation Of:**

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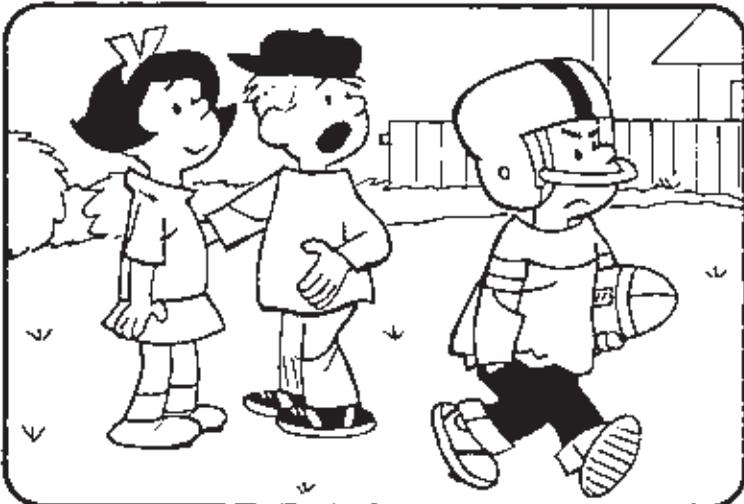
7:00 AM - 4:00 PM MON-FRI  
 8:00 AM - NOON SATURDAYS  
**472-4505**  
 1205 PERIWINKLE WAY, SANIBEL FL 33957  
 EMAIL: IslandCondo@comcast.net

# HOCUS-FOCUS

BY HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Skirt is smaller. 2. Shirt neckline is different. 3. Arm is moved. 4. Flag is missing. 5. Fence is different. 6. Number is missing.

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Look For

CHEARS

Cuddle

ENFOLD

Useless

TUFLIE

Easy

TEENGL

**TODAY'S WORD**

answer on page 27B

		6	3		9	8		
	5				7		1	
7				5				9
		2	9				4	
8					5			1
	9			4		7		
	1			3		6		
		9			4			2
3			2				8	

## SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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# PUZZLE ANSWERS

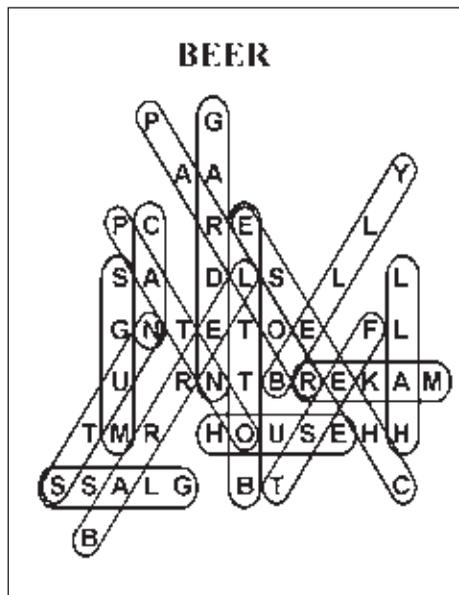
## SUPER CROSSWORD

JFFP SCHEMATA MESCAS  
 ACME PHONES IN I MEAN IT  
 WHAT COULD THEY SON LAMP  
 SOS POLI DCNT TITO  
 CALLASCITIT LVABOUT  
 DRUG MAKIN NEA ELSE  
 MALAISE REN ATTN RIIS  
 AMARRIEDLADYWHO S ANT  
 JOT ATLAS SASE BENES  
 ONEG SET CATY I AM  
 RECO BRAINWASHED AMAP  
 BOY OKED AWL GIGI  
 ARIT SAIF SHOPS GRF  
 AXL TOPLAY PRANKSONHER  
 MUS NAPS AIR STOUTER  
 KIFE UMA DINAH NYSE  
 UNSUSPECTINGHUSBAND  
 STIC MAES STEP USE  
 ATACAMA THEMATE TRICKS  
 PETERI REEXPORT SKIS  
 PRESELL ADRIENNE ASTO

## KING CROSSWORD

SCADS IBEAM  
 ACADIA MAGGOT  
 BYROAD BYGONE  
 UTE MARIS RAN  
 THEN TUB FADE  
 SERIF EERIEST  
 ERA DAB  
 ABSCOND PETAL  
 RACE IRK ROBE  
 ANY ASYET BAA  
 BYLINE BYPASS  
 SALINE APOGEE  
 NAIAD BOLOS

## MAGIC MAZE



## SUDOKU

4	2	6	3	1	9	8	7	5
9	5	8	4	6	7	2	1	3
7	3	1	8	5	2	4	6	9
1	7	2	9	8	3	5	4	6
8	6	4	7	2	5	9	3	1
5	9	3	6	4	1	7	2	8
2	1	7	5	3	8	6	9	4
6	8	9	1	7	4	3	5	2
3	4	5	2	9	6	1	8	7

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**Curtis Allen Designs.com**  
 Lic. & Insured cbc 1250678  
**239-470-1637**

## SCRAMBLERS

*solution*

1. Search;
2. Fondle;
3. Futile;
4. Gentle

*Today's Word*  
**COFFEE**

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 Owner-Operator Steven Cservenyak  
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Call 590-0015  
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*I'm Olga, hairstylist  
 from Sanibel Salon.  
 I've moved to Salon by  
 Design at Sanibel Beach  
 Place Plaza, right next  
 to the Publix across from  
 Tanger Outlets. That's  
 the Publix just off the  
 island! I can't wait to  
 see you.*

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\*RS 9/26 CC TFN

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\*NS 10/9 CC 11/27

**COMMERCIAL RENTAL**

**COMMERCIAL RENTAL**



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
\*NS 11/27 CC 11/27

**OFFICE SPACE FOR RENT**

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.  
\*NS 4/24 CC TFN

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**WATERFRONT HOME**

This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.

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3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 239-472-0228.  
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[www.remax-oftheislands.com](http://www.remax-oftheislands.com)  
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Caregiver CNA lic., 16 years experience. F.I.S.H. background check/referral. Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc.  
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\*NS 10/16 CC TFN

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\*RS 3/21 CC TFN



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**HELP WANTED**

**FULL TIME ASSISTANT MANAGER**

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Fax resume to 239-333-3578.  
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\*NS 11/20 CC 12/11

**HELP WANTED**

**VOLUNTEERS NEEDED**

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

**VOLUNTEERS NEEDED**

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

**JERRY'S FOODS WAITRESSES OR WAITERS**

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.  
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Green/Tan Anniversary Model  
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## FOR SALE

### DESIGNER FURNITURE

Like new, Robb & Stucky Living Room and Den furniture currently used in 2,800 square feet luxury condominium. Owners moving off-island using different decor. Items include sectional sofa, chair and ottoman, wrought iron & glass cocktail table, 4-piece entertainment unit, and sleeper sofa. Photos and pricing furnished on request. (239) 472-2696.

\*NS 11/27 CC 11/27



**GARAGE •  
MOVING • YARD  
SALES**

### YARD SALE

Friday November 27th 8am  
Tools, weber grill, household  
and lots of misc  
712 Cardium St., Sanibel

\*NS 11/27 CC 11/27

### GARAGE SALE

Nov. 28 9am-4pm and Sun. Nov. 29  
9am-1pm. 1503 Angel Dr., Sanibel off  
Dixie Beach Dr. Many antiques including  
RCA phonograph, crank sewing machine,  
dep. glass. Many collectibles including  
Hummels, dolls, Cats Meow, Painted  
Ponies and many more. Household items  
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\*NS 11/27 CC 11/27

### MAGNIFICENT YARD SALE

625 EAST ROCKS DR - WEST GULF  
DEC 5 - 9 AM to 1 PM  
Furniture, Tools, Bikes, Wheelbarrow,  
Ladder, Wood Swing, Kayak, EZlift Chair,  
Household Items, Books, Lots & Lots More!

\*NS 11/20 CC 12/04

## LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday and Saturday with Renata, playing funk, jazz and contemporary. Sunday is Average Joe, playing rock, soul, contemporary and dance. Renata plays funk, jazz, contemporary and dance on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Crow's Nest Beach Bar & Grille at Tween Waters Inn** on Captiva has live entertainment with The New Vinyls on Friday and Saturday. Crab shows are on Mondays and Thursdays.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on

Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. On Wednesday, it's Woody Brubaker. Joe McCormick and Marvilla Marzan perform on Thursday..

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandnews.com](mailto:press@islandnews.com) or 395-2299.\**

## Shore Fishing:



### Don't Harm The Fish

by Capt. Matt Mitchell

**L**anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as

you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

*To those who are hungry, \$20 is a fortune.*



*But \$20 can feed a family of four  
for a week, thanks to the...*

## Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...

*Thank you for your generosity!*



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connect to  
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Call (239) 334-7007  
Or donate online at:  
[www.harrychapinfoodbank.org](http://www.harrychapinfoodbank.org)



Harry Chapin Food Bank



## Cycling Safety Notes

**Ride to the right**

**Warn to pass**

**Wear a helmet**

**Use lights at night**

**Always be courteous**



**SANIBEL BICYCLE CLUB**

TO PLACE A CLASSIFIED LOG ONTO: **IslandSunNews.com**

CLICK ON **PLACE CLASSIFIED**

## Pets Of The Week



Vienna ID# 643906



Sophie ID# 629437

**H**i, my name is Vienna, and I am a five-year-old spayed female red Chihuahua. I don't know if I was named after the city in Austria or the sausage. Nevertheless, I'm a charming, elegant, lovable but slightly plump little Chihuahua. The volunteers and staff at the shelter adore me and can't say enough good things about me. I'd make the perfect little companion and lifetime friend for you. I know you'll love me!

Adoption fee: \$50 (regularly \$75) during Animal Services' Pet'acular Thanksgiving Adoption Promotion

My name is Sophie, and I am a seven-month-old black domestic short hair female. Wow! I've been at the shelter since July 31. I've basically grown up here. I am really sweet and obviously cute. I really want to find my forever home soon. Since I've grown up around other cats, I would fit right in with your family cats.

Adoption fee: \$20 (regularly \$75) during Animal Services' "Pet'acular Thanksgiving" Adoption promo. On Black Saturday, November

28, all predominantly black pets may be adopted for just \$5! Cats & kittens are also two for one adoption fee!

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at \$500.✱

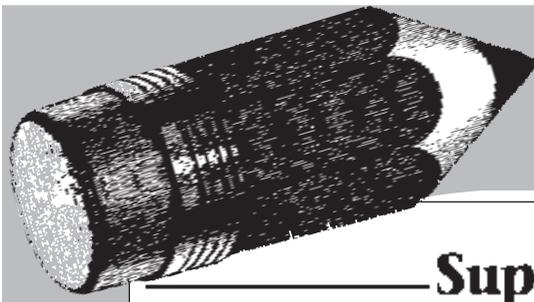
# Island Sun

NEWSPAPER  
Sanibel & Captiva Islands

## CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
<b>ARTS</b>	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
SW Florida Symphony .....	418-0996
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandnews.com](mailto:press@islandnews.com)



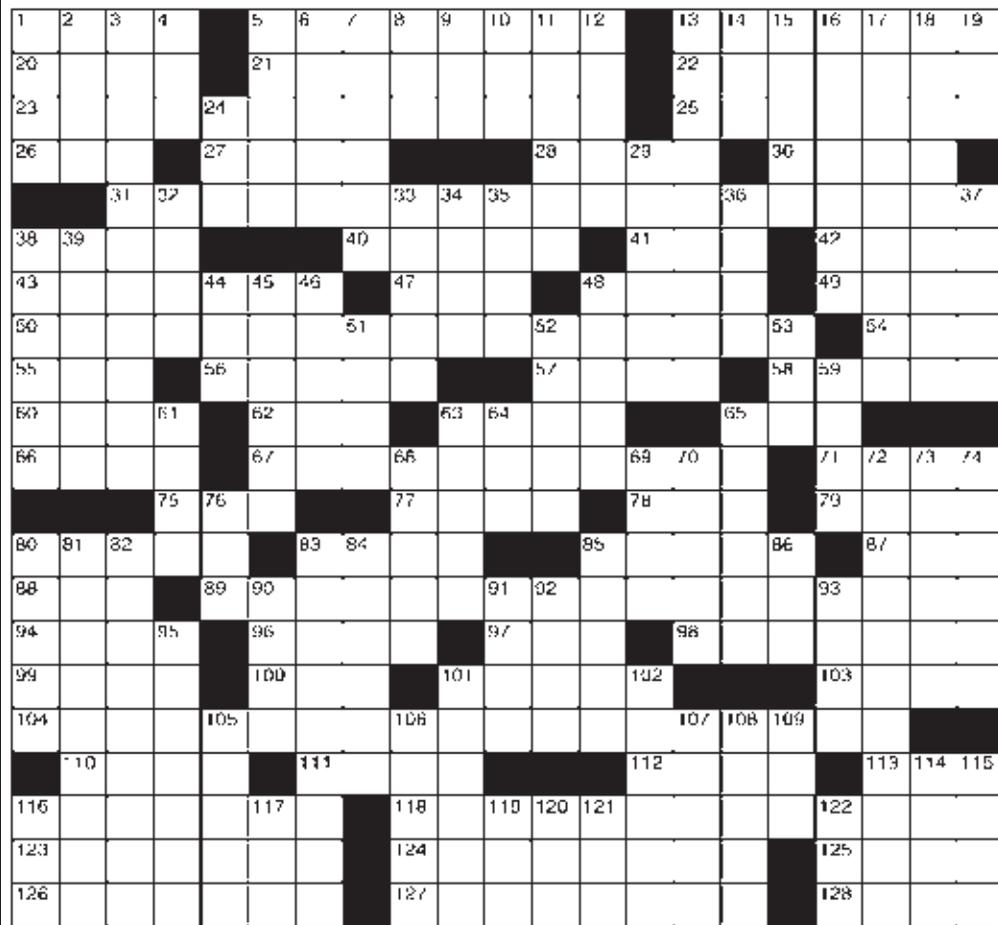
# BEACH CHAIR PASTIME

answers on page 27B

## Super Crossword

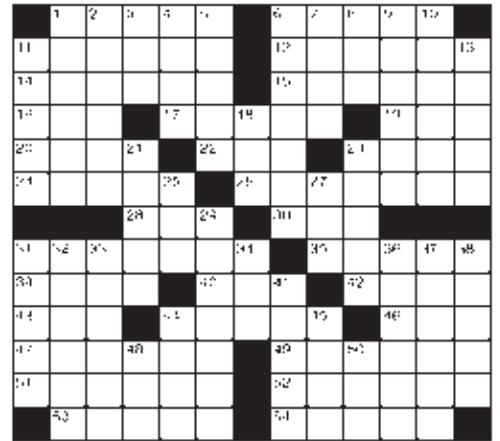
**SUPER DUPE  
MOVIE**

- ACROSS**
- 1 Army vehicle
  - 5 Outlines of pans
  - 13 Pez-toy-producing duct
  - 20 Climax
  - 21 Makes a call to a radio talk show, e.g.
  - 22 "No, really!"
  - 23 Start of a riddle
  - 25 Tanning booth fixture
  - 26 "Help!" asea
  - 27 — sci (college maj.)
  - 28 "— be silly!"
  - 30 Latin jazz great Plente
  - 31 Riddle.
  - 38 Prescription specific on
  - 40 "— Whoopee" (1929 hit)
  - 41 Three R's org.
  - 42 "When all tails ..."
  - 43 Feeling of vague illness
  - 47 Stumpy's TV pal
  - 48 Envy notice
  - 49 Muckraker Jacob
  - 50 Riddle, part 3
  - 54 Busy little insect
  - 55 Note hastily
  - 56 Relative of a gazetteer
  - 57 Submission end.
  - 58 Etymology on "Seinfeld"
  - 60 Blood type, briefly
  - 62 Mount, as a jewel
  - 63 Full of a certain grain
  - 65 The "sum" of Descartes
  - 66 Total change
  - 67 Riddle, part 4
  - 71 "Do I need to draw you?"
  - 75 Future man
  - 77 Sanctioned
  - 78 Pointy tool
  - 79 1958's Best Picture and Best Song
  - 80 Nun's garb
  - 83 Totaly full!l
  - 85 Pumps, e.g.
  - 87 Coll. senior's test
  - 88 Rock's Rose
  - 89 Riddle, part 5
  - 94 Don of talk radio
  - 95 Short slumbers
  - 97 Balcon filler
  - 98 More thickset
  - 99 Richard of "Moonraker"
  - 100 Thurman of "Jennifer 8"
  - 101 Shore of "Up in Arms"
  - 103 The Big Board, Abbr.
  - 104 End of the riddle
  - 110 Big Round — (pen brand)
  - 115 Chile's Desert
  - 118 Riddle's answer
  - 125 Downhill gear
  - 126 Market before officially launching
  - 127 Post — Rich
  - 128 Regarding
  - DOWN**
  - 1 Spieberg film
  - 2 Tunnel effect
  - 3 Deprived of strength
  - 4 Home animal
  - 5 Tape holder
  - 6 — Vista, California
  - 7 "Not just the physical" medical philosophy
  - 8 Cut off
  - 9 Intersected
  - 10 Blond shade
  - 11 Linked (with)
  - 12 "Oid — that make sense?"
  - 13 Plant to kiss under
  - 14 Tall bird
  - 15 Actress Berger
  - 16 Gun barrel statistic
  - 17 Eastern Turkey native
  - 18 VIP vehicle
  - 19 Motor oil additive
  - 24 Sgt.'s inferior
  - 29 Thirds of thirds
  - 32 Lab gelatin
  - 33 Sagan and Sandberg
  - 34 Swedish retail giant
  - 35 Happen on
  - 36 — -pedi
  - 37 Layouts
  - 38 Key with two sharps
  - 39 Dee Dee or Joey of punk
  - 44 Nest egg
  - 45 Acts kind, briefly
  - 46 Lamprey hunter
  - 48 Quite off (far)
  - 51 Information
  - 52 Swedish port on the Baltic
  - 53 Start-up loan org
  - 59 Netazine
  - 61 Asian desert
  - 63 In time
  - 64 Veneration
  - 65 Most inactive
  - 68 West bits
  - 69 History of the violin
  - 70 "Star Wars" critters
  - 72 Anathem's NFL team
  - 73 Concurs
  - 74 Canada's Trudeau
  - 76 Giants great
  - 78 Mel
  - 80 Japanese poem
  - 81 Colorful carpet with a cut pile
  - 82 Part of a U.S. election map
  - 83 Cyber-junk
  - 84 Lama kin
  - 85 Politico Palin
  - 86 — Canals
  - 90 "Movin' —" (old sitcom theme song)
  - 91 Agony
  - 92 Nuptial band
  - 93 Ex-senator Sam
  - 95 Floodgates
  - 101 — the dirt (gossip)
  - 102 Actress Anjelica
  - 105 Terrify
  - 106 Neon —
  - 107 Strict
  - 108 Entertainer Miller
  - 109 Mo. in spring
  - 114 "MADly" bit
  - 115 Non-U.S. gas brand
  - 116 Pac extra
  - 117 Plastic film thickness unit
  - 119 Suffix with rocket
  - 120 Nero's 1,011
  - 121 Lemur's kin
  - 122 "When good time?"



## King Crossword

- ACROSS**
- 1 A great amount
  - 6 Construction piece
  - 11 "Fvangeline" setting
  - 12 Housefly larva
  - 14 Street less traveled
  - 15 Past
  - 16 Salt Lake athlete
  - 17 He hit 61 in '61
  - 19 Scooted
  - 20 Afterward
  - 22 Three-man vessel?
  - 23 Lose color
  - 24 Helvetica lack
  - 26 Most goose bump-inducing
  - 28 NOW gas
  - 30 Slight touch
  - 31 Run off (with)
  - 35 "Loves me (not)" factor
  - 39 "The Amazing —"
  - 40 Botler
  - 42 Post-bout garb
  - 43 Whatever number
  - 44 So far
  - 46 Sheepish remark
  - 6 Drank up the moon
  - 7 Serenades
  - 8 Early bird
  - 9 Oden meet
  - 10 Units
  - 11 Touches
  - 13 Fundamental belief
  - 18 Wish undone
  - 21 Family member
  - 23 Thread
  - 25 To and —
  - 27 Knock
  - 29 Past's flavoring
  - 31 Speedy steeds
  - 32 Fast Indian
  - 33 Charybdis' partner
  - 34 Desiccate
  - 36 Tri dad and
  - 37 Humates
  - 38 Flat paper?
  - 41 Skewered entrée
  - 44 "— Karenina"
  - 46 Proof-reader's nightmare
  - 48 Mid-afternoon hour
  - 50 Campaign pro
- DOWN**
- 1 Grim Reaper's tool
  - 2 Life's work
  - 3 Combination
  - 4 Dist. across a circle
  - 5 Begin's co-Nobelist



## MAGIC MAZE ● BEER —

V G C Y U Q M I R A W T P L I  
 E B X U Q N J G D Z W T Q N K  
 H D A X U P R G P M J G D A X  
 V S Q N K I A A F D A X V Y T  
 Q O M J P C H R E F C A L Y W  
 U R P N S A L D L S J L H L F  
 D B Z X G N T E T O E V F L T  
 R Q O M U K R N T B R E K A M  
 I H F T M R D H O U S E H H B  
 Z Y S S A L G W B T G V T C R  
 Q O N B L K I H F D C A Z X W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

- Barrel
- Cheese
- Hall
- Nuts
- Belly
- Fest
- House
- On tap
- Bottle
- Garden
- Maker
- Parlor
- Can
- Glass
- Mugs

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**PRIME LOCATION AT BEACH HOMES**



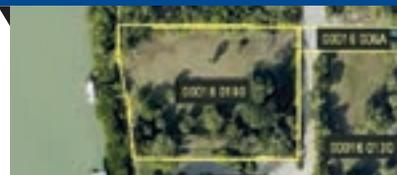
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